STEPPIN'OFF







4 WALL - 64 COUNTS - INTERMEDIATE			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1 1 - 2 3 - 4 5 & 6 7 - 8	Jazz Box Cross, Right Side Shuffle, Left Cross Rock Cross right over left. Step left back. Step right to side. Cross left over right. Step right to side. Step left together. Step right to side. Side Close Side Cross rock left over right. Recover onto right.	Cross Back Side Cross Cross Rock	Back Right On the spot
Section 2 1 - 2 3 & 4 5 - 6 7 - 8	3/4 Turn Left, Coaster Step, Skate Forward x 2, Right Forward Rock Turning 1/4 left step left forward. Turning 1/2 left step right back. Step left back. Step right beside left. Step left forward. Skate forward right. Skate forward left. Rock right forward. Recover onto left.	Turn Turn Coaster Step Skate Skate Right Rock	Turning left On the spot Forward On the spot
Section 3 & 1 - 2 3 & 4 5 & 6 7 - 8	Ball Cross Point, Right Sailor, 1/4 Left Sailor, Right Forward Rock Step right back. Cross left over right. Point right to side. Cross right behind left. Step left to side. Step right to place. Cross left behind right. Turning 1/4 left step right back. Step left to place. Rock right forward. Recover onto left.	& Cross Point Sailor Step Sailor Turn Right Rock	Right On the spot Turning left On the spot
Section 4 & 1 - 2 3 & 4 5 & 6 7 - 8	Ball Cross Point, Right Sailor, 1/4 Left Sailor, Step, Pivot 1/4 Left Step right back. Cross left over right. Point right to side. Cross right behind left. Step left to side. Step right to place. Cross left behind right. Turning 1/4 left step right back. Step left to place. Step right forward. Pivot 1/4 left.	& Cross Point Sailor Step Sailor Turn Step Pivot	Right On the spot Turning left
Section 5 1 - 2 3 & 4 5 - 6 7 - 8 Option:-	Weave Left 2, Behind Side Cross, Side, Touch, Start Full Turn Right Cross right over left. Step left to side. Cross right behind left. Step left to side. Cross right over left. Step left to side. Touch right beside left. Turning 1/4 right step right forward. Turning 1/2 right step left back For counts 7 - 8 - 1: vine right 3.	Cross Side Behind Side Cross Side Touch Turn Turn	Left Turning right
Section 6 1 - 2 3 & 4 5 - 6 7 - 8	Side (Completing Full Turn), Cross, Shuffle, Cross Rock, Side, Touch Turning 1/4 right step right to side. Cross left over right. Step right to side. Step left together. Step right to side. Cross rock left over right. Recover onto right. Step left to side. Touch right beside left.	Turn Cross Side Close Side Cross Rock Side Touch	Turning right Right On the spot
Section 7 1 - 2 3 - 4 5 & 6 7 - 8	3/4 Turn Right, Back, Touch, Left Forward Shuffle, Step, Pivot 1/2 Left Turning 1/4 right step right forward. Turning 1/2 right step left back. Step right back. Touch left beside right. Step left forward. Close right beside left. Step left forward. Step right forward. Pivot 1/2 left.	Turn Turn Back Touch Left Shuffle Step Pivot	Turning right Back Forward Turning left
Section 8 1 - 2 Option:- 3 & 4 5 - 6 7 & 8	Full Turn Left, Forward Shuffle, Forward Rock, Coaster Step Turning 1/2 left step right back. Turning 1/2 left step left forward. Replace full turn: Walk forward right, left. Step right forward. Close left beside right. Step right forward. Rock left forward. Recover onto right. Step left back. Step right beside left. Step left forward.	Turn Turn Right Shuffle Left Rock Coaster Step	Turning left Forward On the spot

Choreographed by: Peter Metelnick and Alison Biggs (UK) 2006

Choreographed to: 'How 'Bout Them Cowgirls' by George Strait (117 bpm) from CD It Just Comes Natural (16 count intro)