

Badabing Boomba

BEGINNER

32 Count

Choreographed by: Karen Bleuer

Choreographed to: La Bomba by Ricky Martin

ROCK STEPS, LOCK STEPS

- 12 Rock right to right, recover weight left
3 & 4 Step right forward, step left behind right, step right forward (you will naturally move on slightly right angle)
56 Rock left to left, recover weight right
7 & 8 Step left forward, step right behind left, step left forward

PIVOT 1/2 LEFT, RUN FORWARD, SIDE TOUCHES, 1/4 PIVOT LEFT

- 12 Step right forward, pivot 1/2 turn left sliding left back to right and taking weight on left
3 & 4 Quickly walk forward right - left - touch right to right
5 - 8 Step right behind left touch left to left, step left in front of right, pivot 1/4 turn left touching right back

HEEL & HEEL, HEEL & TOE, RIGHT SLIDE TO FRONT, SYNCOPATED HIP BUMPS

- 1 & 2 Touch right heel forward, step right beside left, touch left heel forward
3 & 4 Touch left heel forward, step left beside right, touch right toe back
5 & 6 Slide right forward beside left, hitch right knee slightly, touch right forward flat on the floor
& 7 & 8 Keeping weight on left bump hips forward right - back left - forward right - back left

FRONT SAILOR, BACK SAILOR, 1 1/4 ROLLING TURN RIGHT

- 1 & 2 Step right in front of left, step left to left, replace right beside left
3 & 4 Step left behind right, step right to right, replace left beside right (touch right turning it 1/4 right prepping for the turn)
5 - 8 Step right 1/4 turn right, turn one full turn right in three counts stepping left - right - left (counts 6 7 8)

REPEAT
