

FORWARD LOCKING TRIPLE, STEP HOOK TURN, SWAY FORWARD BACK FORWARD BACK

- 1 & 2 Step left forward, lock right behind, step left forward
& Step right forward landing with a 1/4 turn to the left
3 Swing left leg around and behind right, reaching out toward original front wall with left foot on floor
4 Unwrap legs turning a 3/4 turn to left (now facing original front wall with weight on left)
5 Do a 1/4 turn left and step with right a long step swaying weight over right foot
6 Sway weight over left foot
7 Sway weight over right foot
8 Sway weight over left foot In steps 5-8 your right arm will be extended to the right side, and left arm will be extended to left side, with body angled slightly left. Steps &3-5 will be one smooth continuous motion

FORWARD AND BACK AND FORWARD AND BACK AND FORWARD, CROSS, HOOK, SWIVEL

- & 1 Step together with right while turning 1/4 turn right, step forward on left
& 2 Step on right, step back on left
& 3 Step on right, step forward on left
& 4 Step on right, step back on left
& 5 Step on right, step forward on left
& Touch right toe across left foot
6 Swing right foot around to touch behind left foot with a slight hook
7 - 8 Come up on balls of both feet and twist body to left, then back to original position putting weight on left foot. In steps 7-8 push both arms to right while twisting left on count 7, then back to center on 8

SLIDE TOGETHER CROSS X 4

- 1 Small slide to right with right facing diagonally to left
2 & Step left behind right, fall forward on right facing diagonally left (sway arms to right)
3 Small slide to left with left facing diagonally to right
4 & Step right behind left, fall forward on left facing diagonally right (sway arms to left)
5 Small slide to right with right facing diagonally to left
6 & Step left behind right, fall forward on right facing diagonally left (sway arms to right)
7 Small slide to left with left facing diagonally to right
8 & Step right behind left, fall forward on left facing diagonally right (sway arms to left)

SLIDE AND SWITCH/POINT, WALK X 3, AND TURN, WALK TWICE

- 1 & 2 Step right with right turning 1/4 turn right, step left forward and turn 1/2 turn to the right on the left foot, point right toe to front while leaning back on left
3 - 5 Walk forward right, left, right leading step with toe of each foot
& 6 Step left foot forward and turn 1/2 turn to right on left on the left foot, point right toe extended forward
7 - 8 Walk forward right, left leading step with toe of each foot

TURN, ROLL 2, 3, 4, KICK, HOOK, TURN, TOUCH

- & Turn 1/4 turn left spreading legs apart while bending down putting hands on knees and rolling head to right shoulder then back to left shoulder ending with head and shoulders pointed left
1 - 2 (Still bent down) roll left shoulder to left, then right shoulder to right (make a figure 8 with shoulders)
3 - 4 Coming up to a standing position roll hips from right to left and back to right for two counts ending with weight on right
5 Kick left foot across in front of right still facing LOD
6 Drag left foot hooking left toe on right foot to make a figure 4 with legs
7 Turn 1/2 right touching left toe extended out to side
8 Turn 1/4 left on right foot and step down on it

FORWARD LOCKING TRIPLE TWICE, AND TURN, AND TURN, AND TURN, AND TOUCH

- 1 & 2 Step right foot forward, lock left behind, step right forward
3 & 4 Step left forward, lock right behind, step left forward
& 5 Step with right turning 1/4 left, cross left behind right
& 6 Turn 1/4 turn left stepping on right, cross left over right
& 7 Step right straight back, turn 1/4 left stepping on left

& 8 Turn 1/2 to left with body angled right placing hand on forehead, extend left toe out to touch to side

TURN, TOUCH, STEP, TURN, STEP, TURN, STEP, TOUCH

1 - 2 Turn 1/4 left stepping on left foot while swinging arm forward, extend right leg straight for right toe touch forward

3 - 4 Step on right foot, turn 1/4 turn right to touch left toe out to left side

5 - 6 Step left foot to left side, turn 1/2 turn right on ball of left touch right toe out to side

7 - 8 Stepping down on right, pivot 1/4 turn left, touch left toe out in front of you with leg extended

STEP, TURN, LOCKING TRIPLE, TURN, LOCKING TRIPLE, TURN

1 Step forward left

2 Bring right knee up turning 3/8 of a turn to the left ending on a left diagonal

3 & 4 Step right forward, lock left behind, step right forward

5 Bring left knee up turning 1/4 turn ending on a right diagonal

6 & 7 Step left forward, lock right behind, step left forward

8 Turn 3/8 of a turn to the left and stomp right foot beside left

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