



Approved by:



Senseless Cha

4 WALL - 64 COUNTS - INTERMEDIATE

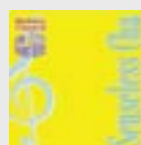
STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 - 3 4 & 5 6 - 7 8 & 1	Forward Rock, Back, Back Lock Step, 1/2, 1/4 Sweep, Cross & Cross Rock forward on left. Recover onto right. Step left back. Step right back. Lock left across right. Step right back. Make 1/2 turn left stepping left forward. Make 1/4 turn left sweeping right out. Cross right over left. Step left to left side. Cross right over left.	Forward Rock Step Back Lock Back Turn Turn Cross & Cross	Back Turning left Left
Section 2 2 - 3 4 & 5 6 - 7 8 & 1	1/4, Back, Coaster Step, 1/4 Cross, Side, Behind & Step Make 1/4 turn right stepping left back. Step right back. Step left back. Step right beside left. Step left forward. Make 1/4 turn right cross stepping right over left. Step left to left side. Cross right behind left. Step left to side. Step right slightly across front of left.	Turn Step Coaster Step Turn Side Behind & Step	Turning right On the spot Turning right Left
Section 3 2 - 3 4 & 5 6 - 7 8 & 1	Hold, Pivot 1/2, Forward Lock Step, Forward Rock, Back Lock Step Hold. Pivot 1/2 turn left. Step right forward. Lock left behind right. Step right forward. Rock forward on left. Recover onto right. Step left back. Lock right across left. Step left back.	Hold Pivot Right Lock Right Forward Rock Back Lock Back	Turning left Forward On the spot Back
Section 4 2 - 3 4 & 5 6 - 7 8 & 1	Hip Sway x 2, Sailor Step, Behind, Side, Cross & Cross Sway hips to right. Sway hips to left. Cross right behind left. Step left to left side. Step right to place. Cross left behind right. Step right to right side. Cross left over right. Step right to right side. Cross left over right.	Sway Sway Sailor Step Behind Side Cross & Cross	On the spot Right
Section 5 2 - 3 4 & 5 6 - 7 8 & 1	Monterey 1/2, Forward Lock Step, Forward Rock, Coaster Step Point right to right side. Make 1/2 turn right stepping right beside left. Step left forward. Lock right behind left. Step left forward. Rock forward on right. Recover onto left. Step right back. Step left beside right. Step right forward.	Point Turn Left Lock Left Forward Rock Coaster Step	Turning right Forward On the spot
Section 6 2 - 3 4 & 5 6 - 7 8 & 1	Forward Rock, Shuffle 3/4, Step, 1/2, Shuffle 1/2 Rock forward on left. Recover onto right. Shuffle step 3/4 turn left, stepping - left, right, left. Step right forward. Make 1/2 turn right stepping left back. Shuffle step 1/2 turn right, stepping - right, left, right.	Forward Rock Shuffle Turn Step Turn Shuffle Turn	On the spot Turning left Turning right
Section 7 2 - 3 4 & 5 6 - 7 8 & 1 Restart	Point, Cross, Side Rock & Touch, Point, Cross, Side Rock & Step Point left to left side. Cross left over right. Rock right to right side. Recover onto left. Touch right across left. Point right to right side. Cross right over left. Rock left to left side. Recover onto right.* Step left slightly across right. * Wall 5: After rock and recover, restart dance again from beginning.	Point Cross Side Rock Touch Point Cross Side Rock Step	Right On the spot Left Right
Section 8 2 - 3 4 & 5 6 - 7 8 & 1 Note	Forward Rock, Shuffle 1/2, Forward Rock, Sailor 1/4 Rock Rock forward on right. Recover onto left. Shuffle step 1/2 turn right, stepping - right, left, right. Rock forward on left. Recover onto right. Cross left behind right making 1/4 turn left. Step right beside left. Rock forward on left. (Note: this is the first step of the dance) Wall 2: Before Tag, change Rock to Step left forward.	Forward Rock Shuffle Turn Forward Rock Turn & & Rock	On the spot Turning right On the spot Turning left On the spot
TAG 2 - 3 4 & 5 6 - 7 8 & 1	End of Wall 2: Step, Pivot 1/2, Forward Shuffle (x 2) Step right forward. Pivot 1/2 turn left. Step right forward. Close left beside right. Step right forward. Step left forward. Pivot 1/2 turn right. Step left forward. Close right beside left. Step left forward.	Step Pivot Right Shuffle Step Pivot Left Shuffle	Turning left Forward Turning right Forward
2 - 3 4 & 5 6 - 7 8 & (1)	Side Rock, Behind & Cross, Side Rock, Behind & Rock Rock right to right side. Recover onto left. Cross right behind left. Step left to left side. Cross right over left. Rock left to left side. Recover onto right. Cross left behind right. Step right to right side. (Rock forward on left)	Side Rock Behind & Cross Side Rock Behind & Rock	On the spot Left On the spot

Choreographed by: Neville Fitzgerald and Julie Harris (UK) April 2009

Choreographed to: 'Love Me Senseless' by Agnes (128 bpm) (48 count intro)

Restart: There is one Restart during Wall 5 near the end of section 7

Tag: There is one Tag, danced at the end of Wall 2



Music available on the
Senseless Cha CD from
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