

TWO SHUFFLES WITH HEEL TOUCH

- 1 & 2,3 - 4 Shuffle right (right-left-right), left heel touch left, hold
5 & 6,7 - 8 Shuffle left (left-right-left), right heel touch right, hold

SHUFFLE, 1/4 TURN, ROCKS, SHUFFLE BACK, ROCKS

- 12 Shuffle (right-left-right) with 1/4 turn right, rock forward left, rock back in place right
12
16 Shuffle back (left-right-left), rock back right, rock forward in place left
16

FOUR MILITARY TURNS LEFT

- 17 - 18 Step forward on right foot, pivot 1/4 turn left on left foot
19 - 20 Step forward on right foot, pivot 1/4 turn left on left foot
21 - 22 Step forward on right foot, pivot 1/4 turn left on left foot
23 - 24 Step forward on right foot, pivot 1/4 turn left on left foot

CROSS SIDE SHUFFLES, SIDE ROCKS

- 25 & 26 Step right across left and keep feet in crossed position traveling left shuffle (right-left-right)
27 - 28 Keep right foot in place touch left toe to left side, hold

FOUR MILITARY TURNS RIGHT

- 29 - 30 Step forward on left foot, pivot 1/4 turn right on right foot
31 - 32 Step forward on left foot, pivot 1/4 turn right on right foot
33 - 34 Step forward on left foot, pivot 1/4 turn right on right foot
35 - 36 Step forward on left foot, pivot 1/4 turn right on right foot

CROSS SIDE SHUFFLES, SIDE ROCKS

- 37 & 38 Step left across right and keep feet in crossed position traveling right shuffle (left-right-left)
39 - 40 Keep left foot in place touch right toe to right side, hold

TWO SYNCOPATED SIDE TOUCHES, AND HOLDS

- & 41 Step right foot next to left foot, touch left toe to left side
& 42 Step left foot next to right foot, touch right toe to right side
& 43 - 44 Step right foot next to left foot, touch left toe to left side, hold
& 45 Step left foot next to right foot, touch right toe to right side
& 46 Step right foot next to left foot, touch left toe to left side
& 47 - 48 Step left foot next to right foot, touch right toe to right side, hold

ROCK STEPS FORWARD & BACK, TRIPLE STEP

- 49 - 50 Rock step forward with right foot, step in place with left foot
51 - 52 Rock step back with right foot, step in place with left foot
53 - 54 Rock step forward with right foot, step in place with left foot
55 & 56 Step right next to left, step left in place, step right in place

ROCK STEPS FORWARD & BACK, TRIPLE STEP

- 57 - 58 Rock step forward with left foot, step in place with right foot
59 - 60 Rock step back with left foot, step in place with right foot
61 - 62 Rock step forward with left foot, step in place with right foot
63 & 64 Step left next to right, step right in place, step left in place

REPEAT