

STEP SLIDES TO RIGHT

- 1 Moving to the right, step down heavily on right foot
- 2 Slide left foot to right
- 3 Moving to the right, step down heavily on right foot
- 4 Slide left foot to right
- 5 Moving to the right, step down heavily on right foot
- 6 Slide left foot to right
- 7 Moving to the right, step down heavily on right foot
- 8 Touch left toe next to right instep

STEP SLIDES TO LEFT

- 9 Moving to the left, step down heavily on left foot
- 10 Slide right foot to left foot
- 11 Moving to the left, step down heavily on left foot
- 12 Slide right foot to left foot
- 13 Moving to the left, step down heavily on left foot
- 14 Slide right foot to left foot
- 15 Moving to the left, step down heavily on left foot
- 16 Touch right toe next to left instep

DIGS, STEP BACK, DIG, BACK, DIG, BACK, DIG

- 17 Dig right heel slightly forward
- 18 Dig right heel slightly forward
- 19 Step back with right foot
- 20 Dig left heel slightly forward
- 21 Step back with left foot
- 22 Dig right heel slightly forward
- 23 Step back with right foot
- 24 Dig left heel slightly forward

FOUR QUARTER TURNS TO THE LEFT

- 33 Step on left foot 1/4 turn to the left
- 34 Hop on left foot, bringing right knee up into a straight hitch (straight down, not touching left knee)
- 35 Step on right foot 1/4 turn to the left
- 36 Hop on right foot, bringing left knee up into a straight hitch
- 37 Step on left foot 1/4 turn to the left
- 38 Hop on left foot, bringing right knee up into a straight hitch (straight down, not touching left knee)
- 39 Step on right foot 1/4 turn to the left
- 40 Hop on right foot, bringing left knee up into a straight hitch. You have completed a full turn

STEP HOPS, QUARTER TURN TO THE LEFT, STOMPS

- 41 Step forward on left foot
- 42 Hop on left foot rocking body slightly forward
- 43 Step back on right foot
- 44 Hop on right foot rocking body slightly backward
- 45 Step forward on left foot
- 46 Hop on left foot making 1/4 turn to the left
- 47 Stomp right foot next to left foot
- 48 Stomp right foot next to left foot

REPEAT