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## **Second Wind**

64 Count, 2 Wall, Intermediate Choreographer: A. J. & Scott Herbert (USA) Nov 2008 Choreographed to: You're Only Human (Second Wind) by Billy Joel, CD: Greatest Hits, Vols. 1 & 2

Start dancing on lyrics

1. 1-2& 3-4& 5-6 7&8	"OFF TO SEE THE WIZARD" STEPS, RIGHT ROCK RECOVER, TRIPLE ½ RIGHT Right step diagonally forward, lock left behind right, step right diagonally forward Left step diagonally forward, lock right behind left, step left diagonally forward Rock right forward, recover to left Turn ½ right and chassé forward right, left, right
<b>2.</b> 1-2 3-4 5-6 7-8	LEFT ROCK RECOVER, 1 ½ LEFT TURN BACK, RIGHT ROCK RECOVER ¼ TURN RIGHT Rock left forward, recover to right Turn ½ left and step left forward, turn ½ left and step right back Turn ½ left and step left forward, rock right forward Recover to left, turn ¼ right and step right forward
3. 1-2 3&4 5-6 7&8	LEFT CROSS ROCK, LEFT CHASSE, RIGHT CROSS ROCK, RIGHT CHASSE Cross/rock left over right, recover to right Step left to side, step right together, step left to side Cross/rock right over left, recover to left Step right to side, step left together, step right to side
<b>4.</b> 1-2 3-4 &5-6 &7-8	JAZZ BOX, OUT-OUT HOLD, IN-IN, HOLD Cross left over right, step right back Step left to side, cross right over left Step left to side, step right to side (out-out), hold Step left to center, touch right together (in-in), hold
<b>5.</b> 1&2 3-4 5&6 7-8	RIGHT SHUFFLE SIDE, LEFT BEHIND ROCK, LEFT SHUFFLE SIDE, "ABOUT FACE"  Step right to side, step left together, step right to side  Rock left back, recover to right  Step left to side, step right together, step left to side  Sweep right toe side-to back and lock right behind left, unwind ½ right (weight to right)
6. 1-2 3-4 5-6 7-8	FORWARD LEFT POINT CROSS, RIGHT POINT CROSS, BACK LEFT POINT CROSS BACK, RIGHT POINT, CROSS BACK Point left to side, cross left over right Point right to side, cross right over left Point left to side, cross left behind right Point right to side, cross right behind left
7. 1-2 3&4 5-6 7&8	LEFT ROCK BACK, RECOVER, RIGHT ½ SHUFFLE TURN, RIGHT ROCK BACK, RECOVER, LEFT ½ SHUFFLE TURN  Rock left back, recover to right  Chassé forward turning ½ right stepping left, right, left  Rock right back, recover to left  Chassé forward turning ½ left stepping right, left, right
8. 1-2 3-4 &5-6 &7-8	LEFT ROCK BACK, RECOVER, RIGHT ¾ SPIRAL PIVOT, OUT-OUT, HOLD, IN-IN, HOLD Rock left back, recover to right Step left forward, spiral turn ¾ right Step right to side, step left to side (out-out), hold Step right to center, step left together (in-in), hold