

Scrub Me Mama

64 Count, 4 Wall, Intermediate

Choreographer: Peter & Alison (UK) July 2011
Choreographed to: Scrub Me Mama With A Boogie
Beat by Electro Republic Featuring Will Bradley
(87 bpm)

Start after 64 count intro

- 1-8 R side, L cross step, R side, L heel/kick fwd, L back, weave L 2, hold**
On counts 1-3 turn body toward right diagonal
1-2 Step R side and slightly back, cross step L over R
3-4 Step R side, touch L heel forward or kick L on left diagonal
5-8 Step L back, cross step R over L, step L side, hold
- 9-16 R behind, hold, ¼ L & L fwd, hold, R fwd, ½ L pivot, R fwd, hold**
1-4 Cross step R behind L, hold, turning ¼ left step L forward, hold (9 o'clock)
5-8 Step R forward, pivot ½ left, step R forward, hold (3 o'clock)
- 17-24 R fwd full turn, hold, R fwd, ¼ L pivot, R fwd, hold**
1-4 Turning ½ right step L back, turning ½ right step R forward, step L forward, hold
Non-turning alternative 1-4: step L, R, L fwd, hold
5-8 Step R forward, pivot ¼ left, step R forward, hold (6 o'clock)
- 25-32 L fwd lock with ¼ R hitch, R fwd, hold, ¼ L & L fwd, hold**
1-4 Step L forward, lock R behind L, step L forward, hitch R knee up turning ¼ L (9 o'clock)
5-8 Step R forward, hold, turning ¼ left step L slightly forward, hold (6 o'clock)
- 33-40 R side rock & recover, R fwd, kick, R tog, L side rock & recover, L together, hold**
1-4 Rock R side, recover weight on L, kick R forward, step R together
5-8 Rock L side, recover weight on R, step L together, hold
- 41-48 R box back (3 counts), L hitch, L side-together – ¼ L, hold**
1-4 Step R side, step L together, step R back, hitch L knee
5-8 Step L side, step R together, turning ¼ left step L forward, hold (3 o'clock)
- 49-56 R fwd, L touch tog, L back, R fwd kick, R back lock, hold**
1-4 Step R forward, touch L behind R, step L back, kick R forward
5-8 Step R back, lock L over R, step R back, hold
- 57-64 L rock back & recover, L & R side step touches, L back, R heel/kick fwd**
1-4 Rock L back, recover weight on R, step L side, touch R together
5-8 Step R side, touch L together, step L slightly back on L diagonal, touch R heel forward or kick
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