



## Scottish Cowboy

BEGINNER

46 Count

Choreographed by: John Pannell

Choreographed to: Rhythm Of My Heart by Rod Stewart

Website: [www.linedancerweb.com](http://www.linedancerweb.com)

Email: [admin@linedancerweb.com](mailto:admin@linedancerweb.com)

- 
- |         |                                                                                        |
|---------|----------------------------------------------------------------------------------------|
| 1 & 2   | Step left behind right, step right together, step left to side                         |
| 3 & 4   | Step right behind left, step left together, step right to side                         |
| 5 & 6   | Step left behind right, step right together, step left to side                         |
| 7 & 8   | Step right behind left, step left together, step right to side                         |
| 9 & 10  | Shuffle forward left-right-left                                                        |
| 11 - 12 | Rock forward on right, rock back on left                                               |
| 13 & 14 | Shuffle back right-left-right                                                          |
| 15 - 16 | Rock back on left, rock forward on right                                               |
| 17 & 18 | Shuffle to right commencing with left foot stepping across in front (left-right-left)  |
| 19 - 20 | Turning full turn right step right-left                                                |
| 21 - 24 | Step right to side with hip bump right, then hip bumps left-right-left                 |
| 25 & 26 | Shuffle to left commencing with right foot stepping across in front (right-left-right) |
| 27 & 28 | Turn 1/4 turn left while shuffling forward left-right-left                             |
| 29 - 34 | (Sugar foot) traveling right-toe, heel, toe, heel, toe, stomp                          |
| 35 - 38 | Vine left: left-right-left-stomp right                                                 |
| 39 - 40 | Step forward on right while turning 1/2 turn left, step left together                  |
| 41 & 42 | Shuffle to left commencing with right foot stepping across in front (right-left-right) |
| 43 - 46 | Step left to side with hip bump left, then hip bumps right-left-right                  |

### REPEAT

---

(30398)

Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA  
Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768 \*charged at 10p per minute