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E-mail: admin@linedancermagazine.com

Bad Mama Jama

32 Count, 4 Wall, Improver

Choreographer: Ingrid Kan (Taiwan) May 2012

Choreographed to: She's a Bad Mama Jama by Carl Carlton

Start after about 22 seconds

1-8 R Cross Step Cross Shuffle, L Side Rock , Cross Shuffle

1-2 Cross step R over L, Step L Together

3&4 Cross step R over L, step L together, step R Cross

5-6 Rock L To the Left side , recover weight on R

7&8 Cross step L over R, step R together, step L Cross

9-16 Walk Backx3(R-L-R), L Heel Down Forward, L Step Forward, R together, L Step, R Touch

9-11 Step R Back, step L Back, step L Back

12-13 L Heel Down Forward, L Step

14R Step next to L

15-16 L Step Forward, R Touch next to L

17-24 Point to right side, Touch next to L, Point, Hitch, Jazz Box Turn 1/4 to the right

17-18 R Touch To The Right side , R Touch next to L

19-20 R Touch To The Right side, Hitch R knee up

21-24 Step R across L, Step L back, Turn R 1/4 Step R Forward ,Touch L next to R

25-32 L Kick Ball Out Step, Touch Back Turn 1/2 to Left, Out Step R- L, Bounce

25&26 L Kick , Step down on ball of L. R out Step

27-28 Back Turn 1/2 to the left (weight on L)

29-30 Out Step (R-L)

31-32 Bounce heels (Up-Down)

Linedancer Magazine, 166 Lord Street, Southport, United Kingdom, PR9 0QA

Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768^{charged at 10p per minute}