

INTRODUCTION

APPLEJACKS STARTS ON 33RD BEAT

- 1 - 4 Two left applejacks, two right applejacks
5 - 8 Two left applejacks, one right applejack, one left applejack
9 - 12 Two right applejacks, two left applejacks
13 - 16 Two right applejacks, one left applejack, one right applejack

KICK-PULL TOUCHES

- 1 - 2 Touch right heel forward, step right together with left
3 & 4 Kick left foot forward, pull left foot back, touch left beside right
5 - 6 Touch left heel forward, step left together with right
7 & 8 Kick right foot forward, pull right foot back, touch right beside left
9 - 16 Repeat steps 1-8

SWAYS

- 17 - 18 Sway forward on right on a 45 degree angle, sway back on left (weight on left)
19 - 20 Sway back on right on a 45 degree angle, sway forward on left (weight on left)
21 - 22 Sway forward on right on a 45 degree angle, sway back on left (weight on left)
23 - 24 Sway back on right on a 45 degree angle, sway forward on left (weight on left)

SWIVEL-TOUCHES: (SYNCOPATED STEPS)

/NOTE: Left & right movements are synchronized (working together)

- 25 - 28 Left foot: traveling left: swivel left heel-toe, heel-toe, heel-toe, heel

Right foot: touch right toe to the floor on left heel swivels, hitch right knee on toe swivels for 3 beats (touch right behind left for 4th beat)

HI-JACKS

/NOTE: Left & right movements are synchronized (working together)

- 29 - 36 Left foot: 8 swivels in place; left, right, left, right, left, right, left, right

Right foot: 2 touches forward, 2 touches back, 1 touch forward, 1 touch back, 1 touch side, cross right over left (weight on it)

- 37 - 48 Repeat 25-36 for the right

MONTEREY TURNS

- 49 - 50 Kick right leg to the side, cross over left (weight on it)
51 - 52 Touch left toe to the left side, 1/2 turn left and step on left
53 - 56 Repeat steps 49-52

HIP ROLLS (1/8 TURNS)

- 57 - 58 Step forward on right, roll hips while turning 1/8 turn to the left
59 - 60 Step forward on right, roll hips while turning 1/8 turn to the left
61 - 62 Step forward on right, step left a cross right (weight on left)
63 - 64 Long step back on the right, step left beside right & clap.

REPEAT
