

Say Hey

64 Count, 4 Wall, Intermediate

Choreographer: Larry Schmidt (May 09)
Choreographed to: Say Hey (I Love You) by
Michael Franti

Start after 48 count introduction, when he starts singing "Say hey".

1-8 Rock-Recover-Cross-Hold, Rock-Recover-Cross-Hold

1-4 Rock right onto right foot, Recover weight to left, Step right in front of left, Hold.

5-8 Rock left onto left foot, Recover weight to right, Step left in front of right, Hold.

9-16 Back, Side, Cross, Back, Side, Cross, ¼ Turn, ¼ Turn

1-4 Step right foot back, Step left foot left, Step right across left step left foot back.

5-8 Step right foot to right side, Step left across right, Turn ¼ left stepping back onto right,
Turn ¼ left stepping forward onto left.

17-24 Walk, Hold, Walk, Hold, Forward Coaster, Hold

1-4 Step right foot forward, Hold, Step left forward, Hold.

5-8 Step right forward, Step left next to right, Step right back, Hold.

RESTART DURING the 7th repetition (the 2nd time starting facing 6:00)

Do 1, 2, 3, 4 as before. Change 5-6-7,8 to Step right forward (5), Hold (6)

Pivot ¼ left onto left foot (7), Hold (8). Restart from the beginning of the dance.

25-32 ¼ Turn, Together, ¼ Turn, Hold, Step, ½ Pivot, Step, Hold

1-4 Turn ¼ left stepping to side onto left, Step right next to left,

Turn ¼ left stepping forward onto left, Hold.

5-8 Step right foot forward, Pivot ½ left onto left, Step right forward, Hold.

RESTART: DURING both the 8th and 9th repetitions.

Change count 8 to: Pivot ¼ left onto left. (so the last 4 counts in this section will be step,
½ pivot ,step, ¼ pivot) then restart from the beginning of the dance.

33-40 Forward Mambo, Hold, Back, Lock, Back, Hold

1-4 Rock forward onto left, Recover weight to right, Step left next to right, Hold.

5-8 Step right foot back, Step left across right, Step right back, Hold.

41-48 Back Coaster, Hitch, Kick-Ball-Stomp, Hold

1-4 Step left foot back, Step right next to left, Step left forward, Hitch right knee.

5-8 Kick right foot forward, Step on ball of right foot, Stomp left next to right, Hold.

49-56 Right Hip Bumps, ¼ Turn Hitch, Left Hip Bumps, ¼ Turn Hitch

1-4 Step right foot to right side bumping hips R,L,R, Turn ¼ right hitching left foot to right knee.

5-8 Step left foot to left side bumping hips L,R,L, Turn ¼ right hitching right foot to left knee.

57-64 Right Hip Bumps, ¼ Turn Hitch, Left Hip Bumps, Hitch

1-4 Step right foot to right side bumping hips R,L,R, Turn ¼ right hitching left foot to right knee.

5-8 Step left foot to left side bumping hips L,R,L, Hitch right foot to left knee.

Repeat & Enjoy

Music download available from Amazon