

Save A Horse (Ride A Cowboy)

Phrased, Intermediate

Choreographer: Guy Dube & Edith Bourgault (Can)

Choreographed to: Save A Horse (Ride A Cowboy)

by Big & Rich

Sequence: Easy : A-B-A-B-A-A-B, FINAL

PART A (32 counts)

1-8 3X KICK BALL TOUCH, TOUCH FWD, CROSS-TOUCH, PRESS

1&2 Kick R forward, step on ball of R beside L, touch L toe to L side

3&4 Kick L forward, step on ball L beside R, touch R toe to R side

5&6 Kick R forward, step on ball R beside L, touch L toe to L side

7-8 Cross touch L over R, press ball L by bending knees on place

Note: You need to travel forward on counts 1 to 6.

9-16 ROND DE JAMBE with 1/4 TURN L, KNEE POP, SHUFFLE R, FULL TURN R, SHUFFLE R

1 Slide point L in half circle towards back into 1/4 turn L by ending foot L beside R

2 Switch weight on L foot by pushing R knee forward

3&4 Shuffle forward R,L,R

5-6 Step L forward, full turn to R by hooking foot R over the L knee

7&8 Finish the full turn R with shuffle forward R,L,R

17-24 ROCK STEP, SCOOT R, BACK, SCOOT L, BACK, ROCK BACK L, SHUFFLE L

1-2 Rock forward on L, recover on R

&3 Scoot on R foot back, step on L foot back diagonally to L

&4 Scoot on L foot back, step on R foot back diagonally to R

5-6 Rock back on L, recover on R

7&8 Shuffle forward L,R,L

25-32 STEP, PIVOT 1/4 TURN LEFT, CROSS ROCK STEP, CROSS ROCK STEP, 1/4 TURN L with MILITARY WALKS

1-2 Step R forward, pivot 1/4 turn L

3&4 Cross rock L over R, recover on L, step R beside L

5&6 Cross rock R over L, recover on R, step L beside R

7-8 1/4 turn L by walking R,L (military walk by lifting your knees)

PART B (40 counts)

1-8 TOUCH, TOGETHER, TOUCH, 1/2 TURN L, TOUCH, TOGETHER, STEP TOUCH, BACK, COASTER STEP

1&2 Touch R toe to R, step R beside L, touch L toe to L side

&3 1/2 turn L by bringing back L foot beside R, touch R toe to R side

&4 Step R beside L, step L forward

5-6 Touch R toe behind L heel, step R back

7&8 Step L back, step R beside L, step L forward

9-16 BOOGIE WALKS, SHUFFLE SIDE, CROSS, 3/4 TURN L, ROCK STEP, TOUCH

1-2 Walk R,L forward by pushing knees to outside

3&4 Shuffle side R,L,R to R side

5-6 Cross L foot behind heel R, unwind 3/4 turn L

7&8 Rock R forward, recover on L, touch toe R beside L

17-24 TOUCH, TOGETHER, TOUCH, 1/2 TURN L, TOUCH, TOGETHER, STEP TOUCH, BACK, COASTER STEP

1&2 Touch toe R to R side, step R beside L, touch toe L to L side

&3 1/2 turn L by bringing back L foot beside R, touch toe R to R side

&4 Step R beside L, step L forward

5-6 Touch toe R behind heel L, step R back

7&8 Step L back, step R beside L, step L forward

25-32 OUT, OUT, BUMP, HOLD, BUMP, HIP ROLL, 1/4 TURN L with MILITARY WALKS

&1 Step R forward to outside R, step L forward to outside L

2-3-4 Bump hip L to L, hold, bump hip R to R

5-6 Roll Hip R forward to the L side (ending weight on L foot) (roll counter clockwise)

7-8 1/4 turn L by walking R,L (military walk by lifting your knees)

33-40 RÉPÉAT COUNTS 25-32.

FINAL: The last time that you do the part B at the end of the dance, you repeat 3 more times the counts 25-32 for a total of 4.
