

Sauna Steps

BEGINNER

48 Count 4 Walls

Choreographed by: Erja Piitulainen

Choreographed to: There You Go by Martin White

ROCK STEP, SHUFFLE, HEEL GRIND WITH 1/4 TURN, SHUFFLE

- 1 - 2 Rock right forward, step left in place
3 & 4 Shuffle in place right-left-right
5 - 6 Touch left heel forward, grind heel 1/4 left stepping back on right
7 & 8 Shuffle forward left-right-left

PIVOT TURN, SHUFFLE, HEEL STRUT, GRAPEVINE

- 1 - 2 Step right forward, turn 1/2 left
3 & 4 Shuffle forward right-left-right
5 - 6 Touch left heel forward, drop left toe down
7 - 10 Step right to side, cross left behind right, step right to side, scuff left over right

ROCK STEP, STEP & TOUCH TWICE, GRAPEVINE WITH 1/4 TURN

- 1 - 2 Rock left across right, step right in place
3 - 4 Step left to side, touch right next to left
5 - 6 Step right to side, touch left next to right
7 - 10 Step left to side, cross right behind left, step left forward making 1/4 turn left scuff right forward

HEEL STRUTS, 1/4 MONTEREY TURN

- 1 - 2 Touch right heel forward, drop right toe down
3 - 4 Touch left heel forward, drop left toe down
5 - 6 Touch right toe to side, step right next to left turning 1/4 right
7 - 8 Touch left toe to side, touch left next to right

SIDE SHUFFLE, ROCK STEP, TOE STRUT, HEEL STRUT, SIDE STEP, ROCK STEP, SIDE STEP

- 1 & 2 Shuffle left left-right-left
3 - 4 Rock right back, step left in place
5 - 6 Touch right toe to side, drop right heel
7 - 8 Touch left heel over right, drop left toe
9 - 12 Step right to side, rock left back, step right in place, step left to side

REPEAT