

**Sequence: A, B(1-24), BABA, B(1-24), BA, B until the end**

**From 16 counts in you can start doing the arms and hip actions. Start the dance on the vocals**

**PART A****Section 1 SKATE FORWARD TWICE, FORWARD SHUFFLE, SKATE FORWARD TWICE, FORWARD SHUFFLE**

1-2 Skate forward on the right foot, skate forward on the left foot

3&4 Right forward shuffle, right, left, right

5-6 Skate forward on the left foot, skate forward on the right foot

7&8 Left forward shuffle, left, right, left

Faces 12:00

**Section 2 ROCK AND RECOVER, TURN ¾ RIGHT TRIPLE STEP, ROCK AND RECOVER, ¼ TURN SAILOR STEP**

1-2 Rock forward on the right foot, recover back on to left

3&4 Turn three-quarters right with a triple step (in situ), right, left, right

5-6 Rock forward on the left foot, recover back on to right

7&8 Turn quarter turn left with a sailor step (turning on the 2nd step)

Faces 6:00

**Section 3 SKATE FORWARD TWICE, FORWARD SHUFFLE, SKATE FORWARD TWICE, FORWARD SHUFFLE**

1-2 Skate forward on the right foot, skate forward on the left foot

3&4 Right forward shuffle, right, left, right

5-6 Skate forward on the left foot, skate forward on the right foot

7&8 Left forward shuffle, left, right, left

Faces 6:00

**Section 4 ROCK AND RECOVER, TURN ¾ RIGHT TRIPLE STEP, ROCK AND RECOVER, ¼ TURN SAILOR STEP**

1-2 Rock forward on the right foot, recover back on to left

3&4 Turn three-quarters right with a triple step (in situ), right, left, right

5-6 Rock forward on the left foot, recover back on to right

7&8 Turn quarter turn left with a sailor step (turning on the 2nd step)

Faces 12:00

**PART B****Section 1 TWO 'SWAGGER' WALKS, MAMBO FORWARD, MAMBO BACK, STEP PIVOT HALF TURN**

1-2 Two swagger walks forward (a la Travolta) walking right and left

3&4 Rock forward on right and recover on to left, step right next to left (mambo step)

5&6 Rock back on left and recover on to right, step left next to right, (mambo step)

7-8 Step forward on right, pivot half turn left (weight on left)

Faces 6:00

**Section 2 ROCK AND RECOVER, CROSSING RIGHT SHUFFLE, QUARTER TURN TWICE, CROSS ROCK - RECOVER**

1-2 Rock right to right side recover weight on to left

3&4 Cross right over left, step small step to left side, cross right over left, (crossing shuffle) right, left, right

5-6 Turn quarter turn right stepping left back, turn quarter turn right stepping right to right side

7&8 Cross rock left over right, recover on to right, step left to left side, (weight on left)

Faces 12:00

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**Section 3 SAILOR STEP, SAILOR STEP WITH QUARTER TURN, PIVOT STEP AND HOOK, LEFT SHUFFLE**

- 1&2 Right sailor step (in situ) right, left, right  
3&4 Turn quarter turn left with a sailor step (turning on the 2nd step,)  
5-6 Step forward on right, make a half turn left on the ball of foot (5) hook left across right (6)  
7&8 Forward left shuffle, left, right, left  
Faces 3:00

**Dance restarts are always after this point here**

**Section 4 STEP, TOUCH, STEP TOGETHER FORWARD, TWO 'SWAGGER WALKS', STEP BALL SWIVEL**

- 1-2 Step forward on right foot, touch left toe behind right heel  
&3-4 Step back on to left, step right next to left, step left forward  
5-6 Two swagger walks forward, (a la Travolta) walking right and left  
7-8 Step forward on right, pivot half turn left on the balls of both feet, weight ends on left  
Faces 9:00

**REPEAT**



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[contact@linedancerweb.com](mailto:contact@linedancerweb.com)



, 166 Lord Street, Southport, United Kingdom, PR9 0QA

Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768\*charged at 10p per minu **te**

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