

Sassy Lady Shuffle

IMPROVER

48 Count 4 Walls

Choreographed by: Evelyn Barrington

Choreographed to: Man I Feel

Like A Woman by Shania Twain

DIAGONAL STEPS FORWARD, HAND CLAPS

- 1 - 2 Step right foot forward to slight angle right, touch left toe to right, clap hands as toe touches
3 - 4 Step left foot forward to slight angle left, touch right toe to left foot and clap hands as above
5 - 8 Repeat steps 1-4

RIGHT & LEFT SHUFFLES BACK, FULL BACKWARDS TURN

- 9 & 10 Step back on right, close left to right, step back on right (small steps)
11 & 12 Step back on left, close right to left, step back on left (small steps)
13 - 16 Turning backward to the right, travel over four counts to complete a full turn, stepping on right, making a 1/2 turn on the ball of the right make a 1/2 turn stepping back on left, step right to right side, close left to right (now facing starting wall)

KICK BALL TOUCH X 3, KICK CROSS UNWIND TO RIGHT

- 17 & 18 Kick right foot forward, step right next to left, touch left toe to left side
19 & 20 Kick left foot forward, step left next to right, touch right toe to right side
21 & 22 Repeat steps 17&18
23 - 24 Kick left foot across right and unwind 1/2 turn to right on the balls of the feet

HIP BUMPS TO RIGHT & LEFT

- 25 - 28 Bump the hips to the right, keep the left leg slightly bent for more effect
29 - 32 Bump the hips to the left, keep the right leg slightly bent for more effect

CHASSE TO RIGHT, ROCK BACK, CHASSE TO LEFT, ROCK BACK

- 33 & 34 Step right to right side, close left to right, step right to right side
35 - 36 Rock weight back on left foot behind right, recover weight to right foot
37 & 38 Step left to left side, close right to left, step left to left side
39 - 40 Rock weight back on right foot behind left, recover weight onto left foot

JAZZ BOX 1/4 TURN TO LEFT, JAZZ BOX

- 41 - 42 Cross right foot over left, step the left foot back at an angle to left
43 - 44 Step right foot 1/4 turn to left, close left to right
45 - 48 Cross right foot over left, step weight back on left, step right foot to right side, close left to right