

## Sand In My Pockets

64 Count, 4 Wall, Improver

Choreographer: Rosalee Musgrave (USA) Oct 2014

Choreographed to: Mexicoma by Bucky Covington (iTunes)

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### INTRO: 16 COUNTS

#### 1 MAMBO BASIC

- 1 – 4 Rock left forward, Recover back on right, Step left together, Hold
- 5 – 8 Rock right back, Recover forward on left, Step right together beside left, Hold

#### 2 STEP FORWARD, TURN ½, TURN ½, HOLD, WALK BACK 3 STEPS, SWEEP

- 1 – 2 Step left forward, turn ½ right (transferring weight to right) (6:00)
- 3 – 4 Turn ½ right stepping back on left, Hold (12:00)
- 5 – 8 Walk back Right, Left, Right, Sweep left from front to back

#### 3 WEAVE BEHIND, SIDE, CROSS, SWEEP, WEAVE FRONT SIDE BEHIND, SWEEP

- 1 – 4 Step left behind right, Step side right, Cross left over right, Sweep right to front
- 5 - 8 Cross right over left, Step side left, Step right behind left, Sweep left from front to back

#### 4 ROCK BACK, RECOVER, CHASSE LEFT, ROCK BACK, RECOVER, TRIPLE FORWARD

- 1 – 2 Rock left back, Recover right in place (12:00)
- 3 & 4 Chasse - left side, right together beside left, Step left side
- 5 – 6 Rock right back, Recover forward on left
- 7 & 8 Triple forward – R, L, R

#### 5 STEP FORWARD, TURN ½ RIGHT, STEP FORWARD, HOLD, TURN ½ LEFT, ½ LEFT, STEP FWD, HOLD

- 1 – 4 Step left forward, Turn ½ right, Step forward left, Hold (Prep left) (6:00)
- 5 – 8 Turn ½ left stepping back on right (12:00), Turn ½ left stepping right forward, hold (6:00)

#### 6 STEP FORWARD, TURN ¼ RIGHT, CROSS, HOLD, STEP SIDE, CROSS, SIDE, HOLD

- 1 – 4 Step left forward, turn ¼ right, cross left over right, Hold (9:00)
- 5 – 8 Step right side, Cross left over right, Step right side, Hold

#### 7 ROCK BACK, RECOVER, CHASSE LEFT, ROCK BACK, RECOVER, TRIPLE FORWARD

- 1 – 2 Rock left back, Recover forward on right
- 3 & 4 Chasse – side left, right together beside left. Step side left
- 5 – 6 Rock right back, Recover forward on left
- 7 & 8 Triple forward – R, L, R

#### 8 STEP FORWARD, TURN ½, STEP FORWARD, HOLD, MAMBO SIDE, HOLD

- 1 – 4 Step left forward, Turn ½ right, Step forward left, Hold (3:00)
- 5 – 8 Rock right side, Recover on left, Close right beside left, Hold