

Bad Day (To Be A Good Girl)

64 Count, 4 Wall, Intermediate

Choreographer: Bryan Simmons (USA) July 2012

Choreographed to: Good Girl by Carrie Underwood

Start dancing on lyrics

1-4 Step right forward, step left forward, kick right forward, touch left side
5-8 Step left forward, step right forward, kick left forward, touch right side

1&2 Chassé back right-left-right turning ½ right (6:00)
3&4 Chassé forward left-right-left turning ½ right (12:00)
5&6 Chassé back right-left-right turning ½ right (6:00)
&7-8 Step right side, step left side, clap

1-4 Hold (roll hips)
5-6 Hip right, hip right
7-8 Hip left, hip left

1&2 Chassé side right-left-right
3-4 Rock left back, recover to right
5&6 Chassé side left-right-left
7-8 Turn ½ right and rock right side, recover to left

1&2 Right sailor step
3&4 Left sailor step turning ¼ right
5-6 Cross right toe over left, drop right heel
7-8 Step left toe side, drop left heel

1&2 Right sailor step
3&4 Left sailor step turning ¼ right
5-6 Cross right toe over left, drop right heel
7-8 Step left toe side, drop left heel

1-2 Rock right forward, recover to left
3-4 Rock right back, recover to left
5-6 Step right forward, turn ½ left (weight to left)
7-8 Step right forward, turn ½ left (weight to left)

1-2 Step right toe forward, drop right heel
3-4 Step left toe forward, drop left heel
5-6 Turn ½ left and step right toe back, drop right heel
7-8 Turn ½ left and step left toe forward, drop left heel