

Bad Day

32 count, 4 wall, intermediate level

Choreographer: Daz (Gary S) (UK) Aug 2005

Choreographed to: Bad Day by Daniel Powter

Section 1 Side, cross rock, and cross unwind ½, side rock cross and cross.

- 1-3 Step left to left side, cross rock right over left, recover weight onto left.
&4 Step right foot in place, cross left over right.
5 Unwind ½ turn over right shoulder.
6&7 Rock right out to right side, recover weight onto left, cross right over left.
&8 Step left in place, cross right over left.

Section 2 And point forward, side, chasse right, sailor step, crossing shuffle.

- &1-2 Step left in place, point right foot forward, right side.
3&4 Right side together side.
5&6 Left sailor step.
7&8 Right crossing shuffle.

Section 3 ¼ step kick, cross back cross, coaster step, forward rock recover ½ turn step.

- 1-2 Step left forward making a ¼ turn left, kick right foot forward.
3&4 Cross right over left, step left back, cross right over left.
5&6 Left coaster step.
7&8 Rock forward on right foot, recover onto left, step forward right making ½ turn right.

Section 4 2 walks full turn right, mambo forward left, walk back right left, coaster step.

- 1-2 Making a full turn right, step left ½ turn, right ½ turn.
3&4 Mambo forward on the left,
5-6 Walk back right, left.
7&8 Right coaster step.

Restart

On 7th wall repeat the dance up to:

Section 1

- 1-3 Step left to left side, cross rock right over left, recover weight onto left.
&4 Step right foot in place, cross left over right.
5 Unwind ½ turn over right shoulder.

Keep weight on right foot and restart the dance from here.