

**"SERPENTINE SAILOR STEPS"**

**/These steps travel forward in a zig-zag fashion.**

- 1 (left foot) cross-step behind right foot (while leaning upper body to right)
- & (Right foot) step next to left foot
- 2 (left foot) diagonal-step forward and to left (weight mostly on heel, body straightening up)
- 3 (right foot) cross-step behind left foot (while leaning upper body to left)
- & (Left foot) step next to right foot
- 4 (right foot) diagonal-step forward and to right (weight mostly on heel, body straightening up)
- 5 (left foot) cross-step behind right foot (while leaning upper body to right)
- & (Right foot) step next to left foot
- 6 (left foot) diagonal-step forward and to left (weight mostly on heel, body straightening up)
- 7 (right foot) cross-step behind left foot (while leaning upper body to left)
- & (Left foot) step next to right foot
- 8 (right foot) diagonal-step forward and to right (weight mostly on heel, body straightening up)

**QUARTER TURN, LOCK STEPS, HALF TURN, LOCK-STEPS**

- 1 (left foot) cross-step behind right foot
- & Turn one quarter to right on ball of left foot (to face 3:00)
- 2 (right foot) step forward (toward 3:00)
- 3 (left foot) step forward
- & (Right foot) lock-step behind left foot
- 4 (left foot) small step forward
- 5 (right foot) step forward, weight on both feet
- & (Left foot)/right foot turn one half to left on balls of both feet, weight chg. Mainly to right foot
- 6 (left foot) weight chg. To left foot ("step" forward)
- 7 (right foot) step forward
- & (Left foot) lock-step behind right foot
- 8 (right foot) small step forward

**SIDE STEP, DRAG-QUARTER TURN, LOCK-STEPS, THREE-QUARTER TURN, SYNCOPATED VINE**

- 1 (left foot) large step to left side, leading with left hip and leaning body to right
- & (Right foot) begin dragging toe toward left foot, toe pointed down
- 2 (right foot) still dragging toe, turn one quarter to left on ball of left foot, right knee bent and toe pointed downward
- 3 (right foot) step forward
- & (Left foot) lock-step behind right foot
- 4 (right foot) small step forward
- 5 (left foot) step forward, weight on both feet (primarily on right foot)
- & (Left foot)/right foot turn three-quarters to right on balls of both feet, weight chg. To right foot
- 6 (right foot) weight chg. To right foot, you are now facing 3:00 -- your new front wall
- 7 (left foot) step to left side
- & (Right foot) cross-step behind left foot
- 8 (left foot) step to left side

**HEEL STANDS, BACK STEPS & CROSS-STEPS**

**/This pattern moves backward and slightly diagonally to right**

- 1 (right foot) step diagonal forward and to right on heel, toe off floor, and push right heel-of-hand downward, straightening arm
- 2 (left foot) step diagonal forward and to left on heel, toe off floor, and push left heel-of-hand downward, straightening arm
- 3 (right foot) step backward right
- 4 (left foot) cross-step on ball of foot over right foot
- 5 (right foot) step diagonal forward and to right on heel, toe off floor, and push right heel-of-hand downward, straightening arm

- 6 (left foot) step diagonal forward and to left on heel, toe off floor, and push left heel-of-hand downward, straightening arm
- 7 (right foot) step backward
- & (Left foot) cross-step on ball of foot over right foot
- 8 (right foot) step diagonal backward and slightly to right
- & (Left foot) sweep foot around in an arc behind right foot in prep. For step 1

**REPEAT**

---

(30306)

Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA  
Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768 \*charged at 10p per minute