

## Sailing On The Seven Seas

64 Count, 2 Wall, Intermediate

Choreographer: Lauren Dusty Boots (ES) March 2010

Choreographed to: Sailing On The Sevens Seas Of  
Love (US Version) by O.M.D (126bpm)

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32 count intro from 1<sup>st</sup> heavy beat

**S1 Rock fwd Right over Left. Right chassis. Left ¼ pivot. Left cross shuffle**

1-2 Rock forward Right over left.  
3&4 Chassis to right, stepping right, left, right (make ¼ turn right on 4) (3oclock)  
5-6 Step forward on left make ¼ pivot right. Weight on right (6oclock)  
7&8 Cross shuffle Left, Right, left.

**S2 Step to Right making ¾ turnover left, Right shuffle, Rock fwd, Left coaster step.**

1-2 ¼ turn left stepping back on right. ½ turn left stepping forward on left (9oclock)  
3&4 Shuffle forward- Right, left, right  
5-6 Rock forward on left-weight on right  
7&8 Step back on left, step back right next to left-step forward left.  
*Wall 5- Section 2 on Counts 7&8 make - Coaster ¼ Left Re-start from beginning of dance*

**S3 Step fwd Right 1/4turn Left. Right kick ball cross. Sway hips. Right chassis**

1-2 Step forward on right make ¼ turn left. (Weight on left) (6 o clock)  
3&4 Kick right, step on right, cross step left over right  
5-6 Small step to right Swaying hips right-left  
7&8 Chassis to right stepping right, left, right

**S4 Rock forward Left. Left Kick ball cross, Sway Hips. Left Chassis**

1-2 Rock forward left over right. Weight back on right  
3&4 Kick Left. Step on left, cross step right over left  
5-6 Small step left, swaying hips left-right  
7&8 Chassis to left stepping left, right, left

**S5 Rock forward Right, triple 1/2turn. Rock forward Left. triple 3/4 turn left.**

1-2 Rock forward right over left, weight back on left  
3&4 Triple ½ turn right stepping right, left, right  
5-6 Rock forward left over right, weight back on right  
7&8 Triple ¾ turn left stepping left, right left (3oclock)

**S6 Cross Right over Left. Right Sailor step. Cross Left. over Rt. Left sailor step**

1-2 Cross Right over left, Step left to left side  
3&4 Step behind on right, step on left. Step right to right side  
5-6 Cross Left over right, step right to right side  
7&8 Step behind on left, step on right. Step left to left side

**S7 Rock fwd. Right shuffle back. Rock back on Left. Left shuffle forward.**

1-2 Rock forward on right. Left in place  
3&4 Right shuffle back-Right-left-right  
5-6 Rock back on left. Right in place  
7&8 Shuffle forward Left, right, left.

**S8 Step Fwd on Right/ ¼ pivot. Right shuffle fwd. Step Fwd Left. 1/2turn. Left shuffle Fwd.**

1-2 Step forward on right make ¼ turn left (weight on left)  
3&4 Shuffle forward right, left, right  
5-6 Step forward on left, Make half turn right (6oclock)  
7&8 Shuffle forward on left, right, left