

Sailing Away

48 Count, 2 Wall, Intermediate

Choreographer: A. J. & Scott Herbert 9USA)

Sept 2009

Choreographed to: Sailing by Barry Manilow,

CD: The Greatest Songs Of The Seventies;

Sailing by Christopher Cross

Begin on vocals 32 counts after the "Sailing" melody instrumental begins

NIGHT CLUB TWO BASIC RIGHT-LEFT, ¼ LEFT NIGHT CLUB TWO BASIC RIGHT-LEFT

- 1-2& Large step right to side, cross/rock left behind right, recover to right
(step slightly across in front of left)
- 3-4& Large step left to side, cross/rock right behind left, recover to left
(step slightly across in front of right)
- 5-8& Turn ¼ left and repeat counts 1-4&

RIGHT ROCK, RECOVER, 1 ½ RIGHT TURN, LEFT ROCK, RECOVER, DRAG STEP BACK LEFT-RIGHT

- 1-2 Rock right forward, recover to left
- 3&4 Turn ½ right and step right forward, turn ½ right and step left back,
turn ½ right and step right forward
- Option: For a non-turning version, substitute a right ½ shuffle turn, stepping right, left, right
- 5-6 Rock left forward, recover to right
- 7-8 Drag/step left back, drag/step right back

NIGHT CLUB TWO BASIC LEFT-RIGHT, ¼ RIGHT NIGHT CLUB TWO BASIC LEFT-RIGHT

- 1-2& Large step left to side, cross/rock right behind left, recover to left
(step slightly across in front of right)
- 3-4& Large step right to side, cross/rock left behind right, recover to right
(step slightly across in front of left)
- 5-8& Turn ¼ right and repeat 1-4&

LEFT ROCK, RECOVER, 1 ½ LEFT TURN, RIGHT ROCK, RECOVER, DRAG STEP BACK RIGHT-LEFT

- 1-2 Rock left forward, recover to right
- 3&4 Turn ½ left and step left forward, turn ½ left and step right back, turn ½ left and step left forward
- Option: For a non-turning version, substitute a left ½ shuffle turn, stepping left, right, left
- 5-6 Rock right forward, recover to left
- 7-8 Drag/step right back, drag/step left back

COASTER RIGHT-LEFT-RIGHT, ½ RIGHT CHASE TURN LEFT-RIGHT-LEFT, LEFT FULL TURN RIGHT-LEFT-RIGHT, ROCK, RECOVER

- 1&2 Step right back, step left together, step right forward
- 3&4 Step left forward, turn ½ right (weight to right), step left forward
- 5&6 Turn ½ left and step right back, turn ½ left and step left forward, step right forward
- Option: For a non-turning version, shuffle forward right, left, right
- 7-8 Rock left forward, recover to right

LEFT STEP SIDE, RIGHT CROSS ROCK, RIGHT STEP SIDE, LEFT CROSS, LEFT STEP SIDE, SWAY 2X

- 1 Step left to side
- 2&3 Cross/rock right over left, recover to left, step right to side
- 4-5 Cross/rock left over right, recover to right
- 6 Step left to side
- 7-8 Sway right (weight to right), sway left (weight to left)

RESTART

At the end of the second and fourth rounds of the dance, omit the sways at the end and after stepping left, begin again with the night club two basic to the right
