

4 Seasons

32 count, 4 wall, intermediate level

Choreographer: Peter Metelnick (Can) 2005

Choreographed to: You've Got A Friend by Brand New Heavies (start after 16 count intro), Bad Bad Bad by Lutricia McNeal (start on chorus vocals...he's bad, bad bad!), Stranded by Lutricia McNeal (start after 32 count into), slower speed/practice

Info: 4 wall, 32 count line dance (with one tag when danced to Brand New Heavies)

1-8 Walk forward 2, R forward rock & recover with ¼ R, L cross step, ½ L turn & R cross step, L side point

- 1-2 Step R forward, step L forward
- 3&4 Rock R forward, recover weight on L, turning ¼ right step R to side
- 5 Cross step L over R
- 6&7 Turning ¼ left step R back, turning ¼ left step L to side, cross step R over L
- 8 Point L to side

9-16 L forward, R forward mambo step, L back, R side point, ½ R monterey & side step, R sailor heel

- 1 Step L forward
- 2&3 Rock R forward, recover weight on L, step R back
- &4 Step L back, point R to side
- 5-6 Turning ½ right step R together, step L to side
- 7&8 Cross step R behind L, step L to side, touch R heel forward

17-24 Ball cross weave, L sailor heel, ball cross hold, L syncopated vine

- &1-2 Step R back, cross step L over R, step R to side
- 3&4 Cross step L behind R, step R to side, touch L heel forward
- &5-6 Step L back, cross step R over L, hold
- &7 Step L to side, cross step R behind L
- &8 Step L to side, cross step R over L

25-32 L R L toe switches turning ¼ R, R touch together, walk forward 2, R syncopated rock steps turning ¼ R

- 1& Point L toes to L side, step L together
- 2& Point R toes to R side, step R together turning ¼ right
- 3&4 Point L toes to L side, step L together, touch R together
- 5-6 Step R forward, step L forward
- 7& Rock R forward, recover weight on L
- 8& Turning ¼ right rock R back, recover weight on L

You've Got A Friend Tag/Restart - At the end of the 5th wall you will be facing the L side wall. Repeat counts 28-32 the 2 walks forward and the rocking chair turning ¼ R to end facing front wall. Start the dance again
