

## Sail

32 Count, 2 Wall, Intermediate, Funky  
Choreographer: Martie Papendorf (South Africa)  
Sept 2011  
Choreographed to: Sail by Awolnation (119 bpm)

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### Start - On first vocals, "Sail".

- 1 Side, Touch, Step & sway 3x, Step, Turn ½ left, Step, Turn ¼ left**
- 1,2 Step R to right side, Touch L to R,  
&3 Step and sway L to left side, Step R in place and sway to right side  
4 Step L in place and sway to left side,  
5,6 Step R fwd, Step L fwd making ½ turn left, 6.00  
7,8 Step R fwd, Make ¼ turn left on balls of both feet (weight to L lifting R heel ) 3.00
- 2 Step ¼ R, Point L, Step, Point R, ½ R pointing across, Rocking chair**
- 1,2 Make ¼ turn right stepping R fwd, 6.00  
Point L to left side bending both knees and look over left shoulder,  
&3 Step L fwd slightly in front of R, Point R to right side (angling body to left),  
4 Turn ½ right (weight stays on L, R stays in position to point across L), 12.00  
5,6 Rock R to left diagonal, Rock L back,  
7,8 Rock R back, Rock L fwd
- 3 R fwd, L lock, R fwd, Step, Scuff, Stamp 2x, Touch and grind heel**
- 1,2 Step R fwd to right diagonal, Lock L behind R,  
&3,4 Step R fwd, Step L next to R, Scuff R fwd to face 12.00,  
5 Stamp R across L, toes facing inwards towards 9.00 and heel to 3.00 (No weight)  
6 Stamp R toes facing forwards to 12.00 and heel to 6.00 (No weight)  
7,8 Touch R heel fwd, Grind R heel to right
- 4 R strut back, L strut back, ¼ right, Close, ¼ right, Recover**
- 1,2 Touch R back, Drop heel,  
3,4 Touch L back, Drop heel,  
5,6 Step R to right side making ¼ turn right, Close L next to R, 3.00  
7,8 Step R fwd making ¼ turn right, Recover L to left side 6.00

**Ending:** Music fades away so track can be shortened .....

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