

Nice beginner/improver dance for introducing full turns. Will fit to lots of different tracks, so a good one for live bands. Try it to JLo's 'Let's Get Loud'.

Sacred Trust

4 WALL - 32 COUNTS - IMPROVER

Steps	Actual Footwork	Calling Suggestion	Direction
Section 1	Cross Rock, Chasse, Cross Rock, Chasse 1/4 Turn		
1-2	Cross rock left over right. Recover onto right.	Cross Rock	On the spot
3&4	Step left to left side. Step right beside left. Step left to left side.	Chasse	Left
5-6	Cross rock right over left. Recover onto left.	Cross Rock	On the spot
7&8	Step right to right side. Step left beside right. Turn 1/4 right and step right to right side.	Chasse	Right
Section 2	Step, Pivot 1/2 Turn, Shuffle, Full Turn, Shuffle		
1-2	Step forward on left. Pivot 1/2 turn right.	Step Pivot	Turning right
3&4	Step forward on left. Step right beside left. Step forward on left.	Shuffle	Forward
5-6	Turn 1/2 left and step back on right. Turn 1/2 left and step forward on left	Turn Turn	Turning left
7&8	Step forward on right. Step left beside right. Step forward on right.	Shuffle	Forward
Section 3	Rock Forward, Coaster Step x 2		
1-2	Rock forward on left. Recover onto right	Rock Forward	On the spot
3&4	Step back on left. Step right beside left. Step forward on left.	Coaster Step	
5-6	Rock forward on right. Recover onto left.	Rock Forward	
7-8	Step back on right. Step left beside right. Step forward on right.	Coaster Step	
Section 4	Touch, Touch, Coaster Step x 2		
1-2	Touch left toe forward. Touch left toe to left side.	Touch Touch	On the spot
3&4	Step back on left. Step right beside left. Step forward on left.	Coaster Step	
5-6	Touch right toe forward. Touch right toe to right side.	Touch Touch	
7&8	Step back on right. Step left beside right. Step forward on right.	Coaster Step	

Choreographed by:

Craig Cooke
UK
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Choreographed to:

'Sacred Trust' by One True Voice (single available on amazon.co.uk)