

S.O. Cha

32 Count, 2 Wall, Beginner

Choreographer: Anne Lewis (Feb 2013)

Choreographed to: Tender Heart by Lionel Ritchie

Intro: 8 Counts from first heavy drum beat...

1-8 Heel-Toe & Chasse X2

1-2 Touch L heel fwd, Touch L toe back

3&4 Chasse L

5-6 Touch R heel fwd, Touch L toe back

7&8 Chasse R

9-16 Rock-Recover, Triple-Step X2:

1-2 Rock-step L fwd, Recover on R

3&4 Triple-step back L,R,L

5-6 Rock-step R back, Recover on L

7&8 Triple-step R fwd R,L,R

17-24 Step, Sway X4, Rocking Chair

1-4 Step L slightly to L while swaying L,R,L,R

5-8 Rock-step L fwd, Recover on R, Rock-step L back, Recover on R

25-32 **Step L Fwd, Pivot 1/2 Turn R, Chasse L, Rock-Recover, Chasse 1/4 turn R

1-2 Step L fwd, Pivot 1/2 Turn R (weight on R)

3&4 Chasse L stepping LRL

5-6 Rock-step R across L, Recover on L

7&8 Chasse 1/4 turn R stepping RLR

**Choreographer's Notes - Instructor options:

SO Cha has been developed to help New Beginner dancers - simply LEAVE OUT THE LAST 8 COUNTS"

For Accomplished Beginner (AB) - simply ADD IN LAST 8 COUNTS

...Replacing 1/4 R with CHASSE R (last 2 counts 7&8) (where AB is confident enough ... dance as written Counts 1-32)

(Starting Out Cha) - (floor split with 'Islands In The Stream')