finedancer

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## Rush

INTERMEDIATE
32 Count 4 Walls
Choreographed by: Helen J Spaven
Choreographed to: Rush by Rihanna

1
1 \& 2
3 \& 4
$5 \& 6$
7 \& 8
2
1-2
3 \& 4
5 \& 6
7 \& 8

3
1 \&
2 \& Extend left arm out to left side shoulder height with left hand in fist as you raise right toe keeping right heel on ground. Touch right next to left.
$3 \& 4$ Step right to right side. Step left next to right. Step right to right side.
5 \& $6 \quad$ Rock forward left. Recover onto right. Step left next to right.
7 \& $8 \quad$ Rock right to right side. Recover weight to left. Cross right over left.
\& 1-2
3-4
5-6 Turning half turn right slight jump back on left foot as you flick right foot behind. Turning half turn right step right forward.
7 \& $8 \quad$ Step left foot back. Turning $1 / 4$ right step back right. Cross left over right.
Hitch turn, step, hold, 1/2 turn right, flick-turn, left back quarter cross.
Hitch left knee up slightly as you turn full turn over left shoulder on ball of right foot. Step left forward.

