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Running Wild At Heart

48 Count, 2 Wall, Improver

Choreographer: Peter Davenport (UK) Oct 2012

Choreographed to: Wild At Heart by Gloriana,

CD: Promo Only Country Radio

40 Count Intro, Approx 21 seconds, (from the first drum beat)
Start just before he sings "down the back road"

1 Side Close, Side Close Side, Cross Rock, Chasse ¼ Turn L

- 1,2 Step R to R side, Bring L to 12,oclock
3&4 Step R to R side, Bring L to R, Step R to R side 12
5,6 Cross rock L over R, Replace on R 12
7&8 Step L to L side,* Bring R to L, Make ¼ L step L forward 9

Restart: Wall 6:- after count 7,* hold a count & restart the dance

2 Rock Replace, Sailor ¾ Turn R, Rock Replace, Coaster Step Step

- 1,2 Rock forward on R, Replace on L 9,oclock
3&4 Sweep ¾ turn R round back of L, Step L to L side, Step R forward 6
5,6 Rock forward on L, Replace on R 6
7&8& Step L back, Bring R to L, Step forward on L, & Bring R to L 6

3 Touch L hold, Touch R hold, Switch L & R & Touch Twist Twist

- 1,2& Touch L toe forward, Hold, Bring L to R 6,oclock
3,4& Touch R toe forward, Hold, Bring R to L 6
5&6& Touch L toe forward, Bring L to R, Touch R toe forward, Bring R to L 6
7&8 Touch L toe forward, On balls of both feet twist L & R, (weight on R) 6

4 Sailor ¼ L, R Mambo, L Back Coaster, Together, Step, Step

- 1&2 Sweep ¼ Turn L step L round back of R, Bring R to L, Step L Forward 3,oclock
3&4 Rock forward on R, Recover on L, Step back on R 3
5&6& Step back on L, Bring R to L, Step L forward, & Bring R to L 3
7,8 Step Forward on L, Step R to R side 3

5 Rock & Side, Behind Side Cross, Rock & Cross, Behind ¼ R

- 1&2 Rock L over R, Recover on R, Step L to L side 3,oclock
3&4 Step R behind L, Step L to L side, Cross R over L 3
5&6 Rock L out to L side, Recover on R, Cross L over R 3
7&8 Step R to R side, Step L behind R, Make ¼ R stepping forward on R * 6

Tag/Restart Wall 2: 7&8& add an & count bringing L to R, Restart the dance again

6 Full Turn R, L Mambo, Walk Back x 2, ½ Turn R, ½ Turn R

- 1,2 Make ½ R step back on L, Make ½ R step forward on R 6,oclock
3&4 Rock forward on L, Recover on R, Step back on L 6
5,6 Walk back on R, Walk back on L 6
7,8 Make ½ turn R step forward on R, Make ½ R spin on ball of R bring L to R 6

Tag & Restart on wall 2:- after count 7&8 on section 5 add an & count in quickly bringing L to R

Restart on wall 6:- after count 7 hold a count on section 1, & restart the dance
