

Running Scared

32 Count, 4 Wall, Improver

Choreographer: Clare Bull (UK) May 2011

Choreographed to: Running Scared (Eurovision
2011-Azerbaijan) by Ell & Nikki

CD: Eurovision Song Contest Dusseldorf 2011

32 Counts intro

CROSS, SIDE, SAILOR STEP, CROSS, SIDE, SAILOR STEP

- 1,2 Cross right over left, step left to left side
3&4 Step right behind left, step left to left side, step right to right side
5,6 Cross left over right, step right to right side
7&8 Step left behind right, step right to right side, step left to left side

CROSS, BACK & CROSS SIDE, CROSS ROCK, FULL ROLLING TURN

- 1,2 Cross right over left, step back on left
&3,4 Step right to right side, cross left over right, step right to right side
5,6 Cross rock left over right, recover on right
7&8 Turn 1/4 left stepping on left, turn 1/2 left stepping back on right, turn 1/4 left stepping left to left side

FWD ROCK, SIDE ROCK, BEHIND, SIDE, CROSS SHUFFLE

- 1,2 Rock fwd on right, recover on left
3,4 Rock right to right side, recover on left
5,6 Step right behind left, step left to left side
7&8 Cross right over left, step left to left side, cross right over left

TURN 1/4 LEFT, STEP, STEP 1/2 STEP, TRIPLE TURN, COASTER STEP

- 1,2 Turn 1/4 left stepping fwd on left, step fwd on right
3&4 Step fwd on left, make a 1/2 turn right stepping fwd on right, step fwd on left
5&6 Full triple turn left stepping right left right
7&8 Step back on left, step right next to left, step fwd on left

ENDING

To finish front dance up to step 22 on wall 7 and replace 23 & 24 with a sailor 1/2 turn
