

Running Bear

BEGINNER

40 Count

Choreographed by: Janette Sandham

Choreographed to: Outlaw Of The Heart by Dave Sheriff

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- 1 Step right
 - 2 Cross left behind
 - 3 1/4-turn right
 - 4 Hitch left
 - 5 1/2-turn right
 - 6 Hitch right
 - 7 1/2-turn right
 - 8 Hitch left (facing line of dance)
 - 9 Walk left
 - 10 Walk right
 - 11 1/4-turn left
 - 12 Stomp right (now facing middle)
 - 13 Pigeon toes
 - 14 Together
 - 15 Pigeon toes
 - 16 Together
 - 17 Right heel forward
 - 18 Together
 - 19 Left heel forward
 - 20 Together
 - 21 Right heel forward
 - 22 Right heel forward
 - 23 Right toe back
 - 24 Right toe back
 - 25 Tap right heel forward
 - 26 Tap toe in place
 - 27 Tap to side
 - 28 Tap behind
 - 29 Step right
 - 30 Cross left behind right
 - 31 Step right
 - 32 Brush left
 - 33 - 35 Roll full turn to left
 - 36 Brush right
 - 37 Step right
 - 38 Cross left
 - 39 Step right
 - 40 Stomp left

REPEAT