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- 1. FORWARD ROCK ,SIDE ROCK, BACK ROCK, SHUFFLE**
1-2 RIGHT ROCK FORWARD, RECOVER ON LEFT
3-4 RIGHT ROCK TO RIGHT SIDE, RECOVER ON LEFT
5-6 RIGHT ROCK BACK, RECOVER ON LEFT
7&8 RIGHT SHUFFLE FORWARD
- 2. LEFT ½ TURN STRUT, RIGHT 1/2 TURN STRUT LEFT ROCK, RECOVER LEFT STEP ¾ TURN LEFT. RIGHT BESIDE LEFT**
1-2 LEFT TOE STRUT BACK MAKING ½ TURN RIGHT (6 O CLOCK)
3-4 RIGHT TOE STRUT FORWARD MAKING ½ TURN RIGHT (120 CLOCK)
5-6 LEFT ROCK FORWARD, RECOVER ON RIGHT
7-8 LEFT STEP MAKING ¾ TURN LEFT, (3 O'CLOCK)
RIGHT STEP BESIDE LEFT WEIGHT ON RIGHT
- 3. FORWARD ROCK, SIDE ROCK, BACK ROCK, SHUFFLE**
1-8 REPEAT SECTION 1 ON OPPOSITE FEET (LEFT FOOT LEADING)
- 4. RIGHT TOE STRUT ½ TURN L. LEFT TOE STRUT ½ TURN LEFT. RIGHT ROCK FORWARD, RECOVER, RIGHT STEP ¼ TURN RIGHT LEFT STEP BEISDE RIGHT**
1-2 RIGHT TOE STRUT BACK MAKING ½ TURN LEFT (9 O CLOCK)
3-4 LEFT TOE STRUT FORWARD MAKING ½ TURN LEFT (3 O CLOCK)
5-6 RIGHT ROCK FORWARD, RECOVER ON LEFT
7-8 RIGHT STEP MAKING ¼ TURN RIGHT. (6 O'CLOCK)
LEFT STEP BESIDE RIGHT WEIGHT LEFT.
- 5. RIGHT ROCK BACK, RECOVER, RIGHT SIDE SHUFFLE,LEFT ROCK BACK RECOVER, LEFT SIDE TOGETHER.**
1-2 RIGHT ROCK BACK, RECOVER ON LEFT
3&4 RIGHT SIDE SHUFFLE
5-6 LEFT ROCK BACK, RECOVER ON RIGHT
7-8 LEFT STEP TO LEFT SIDE, RIGHT STEP BESIDE LEFT
- 6. ¼ SHUFFLE, STEP ¾, SIDE SHUFFLE ROCK BACK, RECOVER**
1&2 LEFT SIDE SHUFFLE MAKING ¼ TURN LEFT (3 O CLOCK)
3-4 RIGHT STEP FORWARD, PIVOT ¾ TURN LEFT (6 O CLOCK)
5&6 RIGHT SIDE SHUFFLE
7-8 LEFT ROCK BACK, RECOVER ON RIGHT
- 7. LEFT KICK BALL CHANGE. LEFT ROCK, RECOVER, 1 ½ TURN LEFT STEPPING L.R.L.R**
1&2 LEFT KICK BALL CHANGE
3-4 LEFT ROCK FORWARD, RECOVER ON RIGHT
5-6 LEFT STEP FORWARD MAKING ½ TURN LEFT, RIGHT STEP BACK MAKING ½ TURN
7-8 LEFT STEP FORWARD MAKING ½ TURN LEFT, RIGHT STEP FORWARD (12 O CLOCK)
- 8. LEFT ROCK FORWARD, RECOVER, 2 SAILORS BACK, LEFT TOE BACK, UNWIND ½ TURN LEFT**
1-2 LEFT ROCK FORWARD, RECOVER ON RIGHT
3&4 LEFT SAILOR SHUFFLE TRAVELLING BACK
5&6 RIGHT SAILOR SHUFFLE TRAVELLIN BACK
7-8 LEFT TOE TOUCH BACK, UNWIND ½ TURN LEFT WEIGHT ON LEFT (6 O CLOCK)
- TAG:** 4 COUNT TAG DURING WALL 2 FACING FRONT WALL
DURING SECTION 5 DANCE FIRST 4 COUNTS OF SECTION THEN:
1, 2 LEFT ROCK BACK, RECOVER
3&4 LEFT SIDE SHUFFLE
START DANCE FROM BEGINNING
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