

Step, Cross, Step, Heel

- & 1 Step Left To Left Side, Cross Right Over Left
- & 2 Step Left To Left Side, Touch Right Heel Forward
- & 3 Step Right To Right Side, Cross Left Over Right
- & 4 Step Right To Right Side, Touch Left Heel Forward
- & 5 Step Left To Left Side, Cross Right Over Left
- & 6 Step Left To Left Side, Touch Right Heel Forward
- & 7 Step Right To Right Side, Cross Left Over Right
- & 8 Step Right To Right Side, Touch Left Heel Forward

Step Left Back, Toe Touches

- & 9 Step Left Foot Back, Touch Right Toe Forward
- & 10 Step Right Foot Back, Touch Left Toe Forward
- & 11 Step Left Foot Back, Touch Right Toe Forward
- & 12 Step Right Foot Back, Touch Left Toe Forward
- &

Section 3 - Lock Steps Forward

- 13 & 14 Step Right Forward, Lock Left Behind Right, Step Right Forward
- 15 & 16 Step Left Forward, Lock Right Behind Left, Step Left Forward

Right Rock, 1/2 Turn Shuffles, Coaster Step, Walks Forward, Shuffle Forward

- 17 - 18 Rock Forward On Right, Rock Back On Left
- 19 & 20 1/2 Turn Shuffle Right - Stepping Right, Left, Right
- 21 & 22 1/2 Turn Shuffle Right - Stepping Left, Right, Left
- 23 & 24 Step Back On Right, Step Left Beside Right, Step Right Forward
- 25 - 26 Walk Forward Left, Walk Forward Right
- 27 & 28 Step Left Forward, Step Right Beside Left, Step Left Forward

Right Kicks, 1/2 Turn Sailor Step, Left Kicks, 1/4 Turn Sailor Step

- 29 - 30 Kick Right Foot Forward, Kick Right Foot To Right Side
- 31 & 32 Cross Right Behind Left (making 1/2 Turn Right), Step Left To Left Side, Step Right In Place
- 33 - 34 Kick Left Foot Forward, Kick Left Foot To Left Side
- 35 & 36 Cross Left Behind Right (making 1/4 Turn Left), Step Right To Right Side, Step Left In Place

Rock Steps

- 37 & 38 Rock Right Forward, Step Left In Place, Step Right Together
- 39 & 40 Rock Left Back, Step Right In Place, Step Left Together
- 41 & 42 Rock Right To Right Side, Step Left In Place Step Right Together
- 43 & 44 Rock Left To Left Side, Step Right In Place, Step Left Together

Right Lock Step Forward

- 45 & Step Right Forward, Lock Left Behind Right
- 46 & Step Right Forward, Lock Left Behind Right
- 47 & Step Right Forward, Lock Left Behind Right
- 48 Step Right Forward