

# Rumba

32 Count, 2 Wall, Intermediate

Choreographer: Caryl Cusens (South Africa)

August 2009

Choreographed to: Besame Mucho by Ray Anthony;  
If I was a Boy by Beyonce or any suitable Rumba

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## **RUMBA BASIC, CROSS ROCK 1/4 TURN LEFT**

- 4, 1 Step left to left side (small step) settling into hip (count 1)
- 2, 3, 4, 1 Rock back on R, recover, step R to right side, settle weight into right hip (count 1)
- 2, 3 Cross rock L over R, recover
- 4, 1 Turning 1/4 to left, step fwd on L, holding and settling into left hip on count 1

## **1/2 PIVOT, 1/2 TURN, BACK WALKS**

- 2, 3, 4, 1 Step R fwd, 1/2 pivot left onto L, continue turning left to end R back (4), settle into hip (1)
- 2, 3, 4, 1 Walk back L, R, L (Rumba walks), settle into L hip (1)

## **CLOSE, FWD, 3/4 SPIRAL (TURNING LEFT), SIDE ROCK, CROSS UNWIND 1/2**

- 2, 3 Close R to L, fwd L
- 4, 1 Step R fwd turning 3/4 left and hooking L low over R ankle, L toe in contact with floor
- 2, 3 Side rock L to left side and recover
- 4, 1 Cross L over R, unwind 1/2 turn right ending weight on L (6 o'clock)

## **SIDE ROCK, CROSS, SIDE SWAYS**

- 2, 3 Rock R to side and recover
- 4, 1 Cross R over L and hold 1 beat
- 2, 3 Step L to left side, cross R over L

This should be danced in Cuban Rumba style i.e. settling into a hip on count 1 where possible

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