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- KICK BALL HEEL, 1/2 TURN, HAND WORK (REPEAT ON OPPOSITE FEET)**
- 1 & 2 &
3 Kick right forward, step right beside left, extend left heel forward, step left beside right
On balls of both feet, turn 1/2 turn on the spot left over (1) count
& 4 Extend right arm upwards to right diagonal like this '/', cross right arm over left side
- /ADV: Keep right arm where it is for the following steps**
- 5 - 8 Repeat counts (1-4) on opposite feet & hands
- /ADV: Arms should now be crossed**
- PADDLE STEPS, DOUBLE ARM SPIRAL SPIN, HEAD SPIRAL SPIN**
- 9 - 12 Point right toe to right side 4 times while turning either 1 or 2 full turns left
- /ADV: While doing counts (9-12) bring both hands up at head level clicking fingers 4 times**
- 13 - 14 Sweep right hand over head: while bringing right hand down: sweep left hand over head
- /ADV: While doing counts (13-14) on balls of both feet turn a full turn on the spot left**
- & 15 & 16 Rotate head smoothly: right, forward, left, back
- /ADV: While doing counts (&15&16) on balls of both feet turn a full turn on the spot left (You should now be dizzy!!!)**
- KNEE SLIDE, STEP LOCK STEP, HEEL-TOE TOUCHES, CROSS SHUFFLE**
- & 17 Raise/hitch right knee over left knee, big step sliding to right side with right foot
18 Drag left toe beside right turning 1/4 turn left
19 & 20 Step right forward, lock step left behind right, step right forward
21 Extend left heel forward while jumping back with right foot
22 Extend left toe back while jumping back with right foot
& Raise/hitch left knee
23 & 24 Cross left over right, step right to right side, cross left over right
- STEP & SWIVELS FORWARD, STEP & SWIVELS BACK**
- & Raise/hitch right knee while turning a 1/4 turn left
25 & 26 Step right forward, swivel both heels right, swivel both heels left to center
27 & 28 Step left forward, swivel both heels left, swivel both heels right to center
29 & 30 Step left back, swivel both heels right, swivel both heels left to center
31 & 32 Step right back, swivel both heels left, swivel both heels right to center

REPEAT