

Rub It In

32 Count, 2 Wall, Improver

Choreographer: Rick & Deborah Bates (USA)

April 2006

Choreographed to: Rub It In by Jeff Bates;
Tryin' To Get To New Orleans by The Tractors;
Rub It In by Matt King

Diagonal Toe Touches, Cross Steps, Sweep Turn, Hip Bumps

- 1-2 Touch **RIGHT** toe forward and diagonally to the right; Cross **RIGHT** foot over Left and step
3-4 Touch **LEFT** toe forward and diagonally to the left; Cross **LEFT** foot behind Right and step
5-6 Slide **RIGHT** foot forward and begin a 1/2 turn CW on ball of Left foot while sweeping Right
foot out and around in a CW motion; Complete 1/2 CW sweep and step **RIGHT** next to Left
7-8 Bump hips to the left twice and shift weight to the **LEFT** foot

Diagonal Step, Touch, Diagonal Step, Syncopated Rocks, Rock Step, Turning Shuffle

- 9-10 Step forward and diagonally to the right on **RIGHT** foot; Touch **LEFT** toe next to Right
&11 Step back and diagonally to the left on **LEFT** foot; Rock forward onto **RIGHT** foot
&12 Step back onto **LEFT** foot; Rock forward onto **RIGHT** foot
13- 14 Step forward on **LEFT** foot; Rock back onto **RIGHT** foot
15 &16 Shuffle in place (**LEFT, RIGHT, LEFT**) making a 1/2 turn CCW on these steps

Out-Out, Hold, Swivels, Modified Monterey Turns

- &17 Step slightly to the right on **RIGHT** foot; Step slightly to the left on **LEFT** foot
about shoulder width apart from right
18 Hold and clap hands
&19 Swivel heels inward; Swivel toes inward
&20 Swivel heels inward; Swivel toes to center
21- 22 Touch **RIGHT** toe to the right; Pivot 1/2 turn CW on ball of Left foot
and step **RIGHT** foot next to Left
23- 24 Touch **LEFT** toe to left; Pivot 1/4 turn CCW on ball of Right and step **LEFT** foot next to Right

Kick-Ball-Ball, Heel Swivels (Twists), CCW Military Pivot, CCW Military Turn

- 25 &26 Kick **RIGHT** foot forward; Step on ball of **RIGHT** foot next to Left;
Step forward on ball of **LEFT** foot
27- 28 With weight on balls of both feet, swivel heels to the left turning body 1/4 turn to the right;
Swivel heels to the right turning body 1/4 turn to the left and shift weight to **LEFT** foot
29- 30 Step forward on **RIGHT**; Pivot 1/2 turn CCW on ball of Right foot and shift weight to **LEFT**
31- 32 Step forward on **RIGHT**; Pivot 1/4 turn CCW on ball of Right foot and shift weight to **LEFT**
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