

EXTENDED SUGAR PUSH:

- 1 - 2 Step right foot forward; step left foot forward
3 - 4 Tap right toe behind left foot; step back on right foot
5 - 6 Step back on left foot; step back on right foot
7 & 8 Step left foot back; step right foot beside left; step left foot forward

KICK-BALL-CHANGE, STOMP, CLAP, LEFT & RIGHT SAILOR SHUFFLES:

- 1 & 2 Kick right foot forward, place right foot beside left, lift left foot slightly (keep weight on left foot, right knee should be bent)
3 - 4 Lift right foot and stomp (weight on right foot, bend right. Knee), clap
5 & 6 Cross left foot behind right foot, step right foot to right, step left foot forward
7 & 8 Cross right foot behind left foot, step left foot to left, step right foot forward

CROSS-SIDE-CROSSES, PIVOT, LEFT 1/4 TURN, RIGHT SHUFFLE:

- 1 & 2 Cross left foot behind right, step right foot to right, cross left foot over right
& 3 & 4 Step right foot to right, cross left foot behind right, step right foot to right, cross left foot over right
5 - 6 Step right on ball of right foot pivot 1/4 turn to left lifting and replacing left foot (weight on left foot)
7 & 8 Shuffle forward right, left, right (now facing 9:00)

ROCK STEP, 3/4 LEFT TURNING SHUFFLE, HEEL TOUCHES, CROSS UNWIND:

- 1 - 2 Step left foot forward, rock back onto right foot
3 & 4 Shuffle left, right, left in place while turning 3/4 to the left (now facing 12:00)
5 & 6 & Touch right heel forward, place right foot next to left, touch left heel forward, place left foot next to right (weight on left foot)
7 - 8 Cross right foot over left, unwind 1/2 turn to left (facing 6:00)

CHUG WALK, HEEL JACKS:

- & 1 & 2 Stepping forward on right foot, slide touch left toe beside right foot (left knee bent), stepping forward on left foot, slide touch right toe beside left foot (right knee bent)
& 3 & 4 Same steps as above (&1&2)
& 5 & 6 Step back on right foot, touch left heel forward, step left foot back to home, step right foot forward to home
& 7 & 8 Step back on left foot, touch right heel forward, step right foot back to home, step left foot forward to home

ROLLING VINE WITH CROSSOVER, REVERSE 1&1/4 TURNING VINE:

- 1 - 4 Step right foot to right, turning 1/4 turn to right, continue turning another 1/4 turn to right as you step down with left foot, continue turning to the right 1/2 turn stepping down with your right foot facing 6:00, cross left foot over right (bending both knees and weight on your left foot)
5 - 8 Step right foot to the right, turn 1/2 turn to the left on the ball of your right foot and step left foot down (now facing 12:00), continue turning 1/2 turn to the left and step down with right foot, weight on right foot turn body 1/4 left and touch left heel forward (facing 3:00)

SHUFFLE FORWARD, ROCK STEP, 1/4 TURN RIGHT SHUFFLE-IN-PLACE, RIGHT 1/4 TURN SIDE ROCK PIVOT STEP:

- 1 & 2 Shuffle forward left, right, left (facing 3:00)
3 - 4 Step forward on right foot, rock back on left foot
5 & 6 While turning 1/4 turn to right, shuffle right, left, right, in place (6:00)
7 - 8 Step left foot forward pivot 1/4 turn to right while shifting weight from left to right (rock step) (now facing 9:00)

TOUCH, SYNCOPATED OUT-OUT-IN-CROSS, UNWIND 1/2 TURN, KICK- BALL-CROSS, HEEL TOUCH, TOE TOUCH

- 1 & 2 Touch ball of left foot next to right, step left foot out to left, step right foot out to the right (weight is on right foot)
& 3 - 4 Step left foot home, cross right foot over left, unwind 1/2 turn left
5 & 6 Kick right foot forward, place right foot beside left foot, cross left foot over right foot
7 - 8 Touch right heel forward, touch right toe back

REPEAT

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