

HEEL STEP, ROCK STEP

- 1 Rock step forward onto right heel
- 2 Rock back onto left in place
- 3 Rock step back onto ball of right
- 4 Rock forward onto left in place

SIDE STEP, SHAKE, JUMP, JUMP

- 5 Step to right side on right while shimmying shoulders
- 6 Continue to shimmy with feet apart
- 7 Bring left foot to meet right and jump to the right side
- 8 With feet together, jump to the right side again

STEP, HOLD, TURN, HOLD

- 1 Step forward on right
- 2 Hold
- 3 Pivot 1/4 turn to the left shifting weight to left foot
- 4 Hold

STEP, HOLD, TURN, HOLD

- 5 Step forward on right
- 6 Hold
- 7 Pivot 1/4 turn to the left shifting weight to left foot
- 8 Hold

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STEP, HOLD, TURN, HOLD

- 1 Step forward on right
- 2 Hold
- 3 Pivot 1/4 turn to the left shifting weight to left foot
- 4 Hold

STEP, HOLD, TURN, HOLD

- 5 Step forward on right
- 6 Hold
- 7 Pivot 1/4 turn to the left shifting weight to left foot
- 8 Hold

RIGHT KICK, CROSS ROCK, ROCK, ROCK

- 1 Kick right foot across left
- 2 Cross right foot over left and rock step onto it
- 3 Rock back onto left in place
- 4 Rock forward onto right

LEFT KICK, CROSS ROCK, ROCK, ROCK

- 5 Kick left foot across right
- 6 Cross left over right and rock step onto it
- 7 Rock back onto right in place

8 Rock forward onto left

RIGHT KICK, CROSS ROCK, ROCK, ROCK

1 Kick right foot forward at a right 45 degree angle
2 Cross right foot over left and rock step onto it
3 Rock back onto left in place
4 Rock forward onto right still crossed over left

LEFT KICK, CROSS ROCK, ROCK, ROCK

5 Kick left foot forward at a left 45 degree angle
6 Cross left over right and rock step onto it
7 Rock back onto right in place
8 Rock forward onto left still crossed over right

1/4 TURN, STEP, CLAP, HOLD

1 Pivot 1/4 turn to the left on ball of left (9 o'clock)
2 Step to right on right
3 Clap
4 Hold

1/2 TURN, STEP, CLAP, HOLD

5 Pivot 1/2 turn to the left on ball of right (3 o'clock)
6 Step to the left on left
7 Clap
8 Hold

SIDE STEP, HOLD, CROSS OVER, HOLD

1 Step to the right on right
2 Hold
3 Cross step left over right
4 Hold

STEP, CROSS BEHIND, STEP-TURN, STOMP

5 Step to the right on right
6 Cross step left behind right
7 Step 1/4 turn to the right on right
8 Stomp left next to right (weight on left)

REPEAT