



Rolling In The Deep

32 Count, 4 Wall, Beginner

Choreographer: Regina Cheung (Canada) Mar 2012

Choreographed to: Rolling In The Deep by Adele

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Intro : 32 counts

Sec 1: Right Chasse, Back Rock, Left Chasse, Back Rock

- 1&2 Step right to right side, Step left next to right, Step right to right side
- 3,4 Rock left behind right, Recover on Right
- 5&6 Step left to left side, Step right next to left, Step left to left side
- 7,8 Rock right behind left, Recover on Left (12:00)

Sec 2: Monterey 1/4 Right Turn, Monterey 1/4 Left Turn, pivot 1/2 Left, walk walk

- 1,2 Point right to right side, 1/4 turn right stepping right together
- 3,4 Point left to left side, 1/4 turn left stepping left together
- 5,6 Step right forward, Pivot 1/2 turn left
- 7 8 Right step forward, Left step forward (6:00)

Sec 3: Forward Touch, Back Touch, Back Touch, 1/4 Left turn Touch

- 1,2 Right step forward right diagonal, Left touch beside
- 3,4 Left step back left diagonal, Right touch beside
- 5,6 Right step back right diagonal, Left touch beside
- 7,8 Turn 1/4 left step left to left side, Right touch beside (3:00)

Sec 4: Jump Clap X 2, Sway X 4

- &1,2 Jump right out, Jump left out (shoulder width) Hold & Clap on (2)
- &3,4 Jump right back, Jump left together (weight on left) Hold & Clap on (4)
- 5,6,7,8 Sway Right, Left, Right, Left (3:00)

Repeat, no tag, no restart

Happy Dancing

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