

**WALKING STEPS, 1/2 TURNS, KNEE LIFTS**

- 1 Walk forward right
- 2 Walk forward left
- 3 Walk forward right
- 4 Lift left knee
- 5 Left step forward
- 6 Pivot 1/2 turn left on left foot
- 7 Close with right
- 8 Lift left knee

**1/2 & 1/4 TURNS, KNEE LIFTS, CROSS STEP**

- 9 Left step forward
- 10 Pivot 1/2 turn left on left foot
- 11 Close with right
- 12 Lift left knee
- 13 Left foot step forward
- 14 1/4 turn left
- 15 Right cross front
- 16 Left foot step left

**THREE 1/2 TURNS RIGHT**

- 17 Step back on right foot, pivoting 1/2 turn right on ball of left foot traveling to the left
- 18 Step forward with left foot pivoting 1/2 turn right on ball of right foot, still traveling to the left
- 19 Step back on right foot pivoting 1/2 turn right on the ball of left foot, still traveling left
- 20 Lift left knee

**HIP SHIFTS LEFT & RIGHT; SINGLES & DOUBLES (RUMP BUMPS)**

- 21 Shift hips left
- 22 Shift hips left
- 23 Shift hips right
- 24 Shift hips right
- 25 Shift hips left
- 26 Shift hips right
- 27 Shift hips left
- 28 Shift hips right

**STEP, CROSS, STEP PATTERN, STOMP, HEEL/TOE SWIVELS**

- 29 Left foot step left
- 30 Right cross behind left
- 31 Left foot step left
- 32 Stomp right foot
- 33 Swivel heels right
- 34 Swivel toes right
- 35 Swivel heels right
- 36 Swivel toes right

**TWIST SPLITS, 1/2 TURN PIVOTS**

- 37 With weight on ball of left foot and right heel, twist body to right
- 38 Twist back to front
- 39 With weight on ball of left foot and right heel, twist body to right
- 40 Twist back to front
- 41 Right foot step forward
- 42 Pivot 1/2 left
- 43 Right foot step forward
- 44 Pivot 1/2 left

**REPEAT**

**/Rolling "Right" means "rolling right". The rolling turn is a backward turn which seems to increase the degree of difficulty for some dancers.**

**/On the "Twist Splits", when the body twists to the right, both feet will point to the right. On the next beat rotate back to beginning position.**

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