

FORWARD SHUFFLES, FUNKY TWISTS

- 1 & 2 Shuffle forward (right-left-right)
3 & 4 Shuffle forward (left-right-left)
5 Step on right foot
& Raise left foot slightly off of floor and swivel heels to the right
6 Step on left foot
& Raise right foot slightly off of floor and swivel heels to the left
7 & Repeat beats 5&
8 & Repeat beats 6&

BACKWARD SHUFFLES, FUNKY TWISTS

- 9 & 10 Shuffle backward (right-left-right)
11 & 12 Shuffle backward (left-right-left)
13 - 16 & Repeat beats 5 through 8&

SIDE STEP-SLIDES

- 17 Step to the right on right foot
18 Slide left foot over next to right
19 - 20 Repeat beats 17 and 18 (weight remains on right foot on beat 20)
21 Step to the left on left foot
22 Slide right foot over next to left
23 - 24 Repeat beats 21 and 22 (weight remains on left foot on beat 24)

FORWARD SHUFFLE, TURN, ROCK STEPS

- 25 & 26 Shuffle forward (right-left-right)
27 & 28 Shuffle forward (left-right-left) making a 1/2 turn to the right on these steps
29 Step back on right foot
30 Rock forward on left foot
31 - 36 Repeat beats 25 through 30

STEP-SLIDES FORWARD, HOOK & SPIN, HIP PUSH

- 37 Step forward on right foot
38 Slide left foot up behind right
39 - 40 Repeat beats 37 and 38
41 Step forward on right foot
42 Hook left leg across right knee as you begin a 3/4 spin to the right
43 Complete 3/4 to the right spin
44 Step down on left foot and push hips to the left

HIP BUMPS

- 45 - 46 Bump hips to the right twice
47 - 48 Bump hips to the left twice
49 Bump hips to the right
50 Bump hips to the left
51 - 52 Repeat beats 49 and 50

ROCKING CHAIR

- 53 Step forward on right foot
54 Rock back on left foot
55 Step back on right foot
56 Rock forward on left foot
57 - 60 Repeat beats 53 through 56

TOUCH & CROSS STEPS

- 61 Touch right toes to the right
62 Cross right foot over left and step
63 Touch left toes to the left
64 Cross left foot over right and step

REPEAT

/Alternative steps:

- 5 - 8 & Putting weight on balls of both feet, swivel heels to the right, left, right, left
- 13 - 16 & Putting weight on balls of both feet, swivel heels to the right, left, right, left
- 41 Step forward on right foot
- 42 Pivot 1/4 turn to the left and shift weight to left foot
- 43 Step right foot next to left
- 44 Step down on left foot and push hips to the left

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