Choreographed to: Just Once by David Lee Murphy

| 1\&2 | Right forward shuffle (right-left-right) |
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| 3 \& 4 | Left forward shuffle (left-right-left) |
| 5-6 | Place right foot across in front of left placing weight on it, pivoting on balls of both feet turn $1 / 2$ turn to the left, weight on right |
| 7-8 | Left hip bump, right hip bump |
| 1 \& 2 | Left forward shuffle (left-right-left) |
| 3 \& 4 | Right forward shuffle (right-left-right) |
| 5-6 | Place left foot across in front of right placing weight on it, pivoting on balls of both feet turn $1 / 2$ to the right, weight on left |
| 7-8 | Right hip bump, left hip bump |
| 1-2 | Step pivot turn - leading off with left foot turning $1 / 2$ turn to the right |
| 3-4 | Repeat above step |
| 5 | Step forward onto toes of left foot |
| 6 | Drop left heel to the floor |
| 7 | Step forward onto toes of right foot |
| 8 | Drop right heel to the floor |
| 1 | Step forward onto toes of left foot |
| 2 | Drop left heel to the floor |
| 3-4 | Stomp right once then clap |
| 5 | Step right foot forward diagonally and stomp |
| 6 | Right hip bump |
| 7 | Left hip bump |
| 8 | Return right foot beside left |
| 1 | Step left foot forward diagonally and stomp |
| 2 | Left hip bump |
| 3 | Right hip bump |
| 4 | Return left foot beside right |
| 5 | Jump both feet apart |
| 6 | Jump again crossing right in front of left |
| 7-8 | Pivoting on the balls of both feet do a $1 / 2$ turn left and clap |
| 1-4 | Twist heels right-left-right-left |
| 5-8 | Twist heels left-right-left-right |
| 1-2 | Right kick rock step |
| 3-4 | Right kick rock step |
| 5-6 | Two camel steps to right with claps |
| 7-8 | Two camel steps to left with claps |
| 1-4 | Vine backwards right, left, right and stomp left |
| 5 \& 6 | Right forward shuffle (right-left-right) |
| 7-8 | Step forward on left and pivot $1 / 2$ turn to right |
| 1 \& 2 | Left forward shuffle (left-right-left) |
| 3-4 | Step forward on right and pivot $1 / 2$ turn to left |
| 5-8 | Vine to the right with left scuff |
| 1-4 | Vine to the left with stomp |
| 5-8 | Double heel splits |
|  | REPEAT |

