

Rock-it BEGINNER

72 Count

Choreographed to: Third Rock From The Sun by Joe Diffie

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1 - 2 3 - 4 5 - 6 7 - 8 9 - 10 11 - 12 13 - 14 15 - 16 17 - 18 19 - 20	TURN-IT Touch left to front, return to center Touch left to left side, return to center Touch right to front, return to center Touch right to right side, cross right in front of left Unwind a 1/2 turn to the left, hold for one beat Touch left to front, return to center Touch left to left side, return to center Touch right to front, return to center Touch right to right side, cross right in front of left Unwind a 1/2 turn to the left, hold for one beat
21 & 22 23 & 24 25 - 26 27 & 28 29 & 30 31 - 32 33 & 34 35 & 36 37 - 38 39 - 40 41 - 42 43 - 44 45 - 46	SWING-IT Shuffle in place (left-right-left) Shuffle in place (right-left-right) Rock back left 45 degrees to left, rock forward right Shuffle in place (left-right-left) Shuffle in place (right-left-right) Rock back left 45 degrees to left, rock forward right Shuffle in place (left-right-left) Shuffle in place (right-left-right) Rock back left 45 degrees to left, rock forward right Shuffle in place (right-left-right) Rock back left 45 degrees to left, rock forward right Step left and pivot 1/4 turn to the right on right Step left and pivot 1/4 turn to the right on right Step left and pivot 1/4 turn to the right on right
47 - 48 49 - 50 51 52 53 54 55 56 57 - 60	ROCK-IT Hop right, pointing left to left side, hold one beat Hop left, pointing right to right side, hold one beat Hop right, pointing left to left side Hop left, pointing right to right side Hop right, pointing left to left side Hop left, pointing right to right side Cross right in front of left Pivot 1/2 turn to the left on left Clap twice, stomp twice (right, left)
61 - 62 63 - 64	SLAP-IT Cross right behind left, slap with left hand, return to center Cross left behind right, slap with right hand, return to center
65 - 68 69 - 72	TWIST-IT Twist your hips back and forth as you lower into a squat position Twist your hips back and forth as you rise back up
	REPEAT