

## Rocking Rhonda

32 Count, 2 Wall, Beginner

Choreographer: Martie Papendorf (South Africa) April 2013  
Choreographed to: Help Me Rhonda by Beach Boys (121 bpm)

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**Intro. : 32 counts [+/- 14 sec.], Start on "Rhonda"**

**1 Lindi right, Lindi left**

1&2 Step R to right side, Close L beside R, Step R to right side,  
3,4 Rock L back, Recover R fwd,  
5&6 Step L to left side, Close R beside L, Step L to left side,  
7,8 Rock R back, Recover L fwd

**2 Heel Touches R L R L**

1,2 Touch R heel forward, Step R beside L,  
3,4 Touch L heel forward, Step L beside R,  
5,6 Touch R heel forward, Step R beside L,  
7,8 Touch L heel forward, Step L beside R

**3 2x 1/8 Paddles left, Cross R, Point L, Cross L, Point R**

1,2 Step R fwd, Make 1/8 turn left,  
3,4 Step R fwd, Make 1/8 turn left, [9.00]  
5,6 Step R across L, Point L to left side,  
7,8 Step L across R, Point R to right side

**4 2x 1/8 Paddles left, Skate fwd R L R L**

1,2 Step R fwd, Make 1/8 turn left,  
3,4 Step R fwd, Make 1/8 turn left, [6.00]  
5,6 Skate R fwd, Skate L fwd,  
7,8 Skate R fwd, Skate L fwd [6.00]

Option: count 5-8

Prissy Walk R, L, R, L

1,2,3,4 Step R across L, Step L across R, Step R across L, Step L across R

**Choreographed for Rhonda's 60<sup>th</sup> birthday party.**