

#### **SYNCOPATED HEEL TOUCHES**

- & 1 Step left in place, cross right over left
- & 2 Step left foot out left, touch right heel out 45 degrees forward
- & 3 Step right foot in place, cross left behind right
- & 4 Step right out right, touch left heel out 45 degrees forward
- & 5 Step left in place, cross right over left
- & 6 Step left foot out left, touch right heel out 45 degrees forward
- & 7 Step right foot in place, cross left over right
- 8 Hold and clap

#### **HIP BUMPS, SHUFFLE, AND ROCK STEP**

- 9 - 10 Bump hips right two times
- 11 - 12 Bump hips left two times
- 13 & 14 Shuffle forward right, left, right
- 15 - 16 Rock forward on left foot and recover on right

#### **SHUFFLE, ROCK BACK, SHUFFLE PIVOT 1/2 RIGHT**

- 17 & 18 Shuffle back left, right, left
- 19 - 20 Rock back on right foot recover on left
- 21 & 22 Shuffle forward right, left, right
- 23 - 24 Step forward on left turn 1/2 way around to right shift weight to right foot

#### **SHUFFLE, JAZZ SQUARE, HIP BUMPS**

- 25 & 26 Shuffle forward left, right, left
- 27 - 28 Cross right foot over left, step left foot back 45 degrees to the left
- 29 Step right foot back 45 degrees to the right
- 30 Jump forward land equal weight on both feet
- 31 - 32 Bump hips right, bump hips left

#### **VINE LEFT, VINE RIGHT WITH A 1/4 TURN RIGHT**

- 33 - 34 Step left foot out to left, cross right foot behind left
- 35 - 36 Step left foot out to left, touch right foot next to left
- 37 - 38 Step right foot out to right, cross left foot behind right
- 39 - 40 Step right foot out turn 1/4 turn right, hitch (raise left knee)

#### **WALKS BACK, COASTER STEP, KICK BALL WALKS**

- 41 - 42 Step back on your left, step back on your right
- 43 & 44 Step back on left, step right foot back next to left, step forward on left
- 45 & 46 Kick forward right, step ball of right foot next to left, step forward on left
- 47 & 48 Repeat 45&46

#### **ROCK STEPS, FULL TURN, ROCK STEP**

- 49 - 50 Rock forward on right, recover on left
- 51 - 52 Rock back on right, recover on left
- 53 - 54 Step forward on left turning full turn landing on left
- 55 - 56 Rock forward on right, recover on left

#### **ROCK STEP, JAZZ SQUARE, HIP BUMPS**

- 57 - 58 Rock back on right, recover on left
- 59 - 60 Cross right foot over left, step left foot back 45 degrees to the left
- 61 Step right foot back 45 degrees to the right
- 62 Jump forward land equal weight on both feet
- 63 - 64 Bump hips right, bump hips left

#### **REPEAT**