

### **Modified Rocking Chair, Cross, Step Back, Pivot, Step Pivot**

- 1 - 2 Step forward on ball of RIGHT foot, lifting Left foot slightly off of floor;  
Rock back onto ball of LEFT foot, lifting Right foot slightly off of floor
- 3 - 4 Step back on ball of RIGHT foot, lifting Left foot slightly off of floor;  
Rock forward onto ball of LEFT foot, lifting Right foot slightly off of floor
- 5 - 6 Cross RIGHT foot over Left and step; Step back on ball of LEFT foot  
& Pivot 1/2 turn CW on ball of LEFT foot
- 7 - 8 Step forward on ball of RIGHT foot; Pivot 1/2 turn CW on ball of Right foot  
and step down onto RIGHT foot in place

### **Modified Rocking Chair, CCW Rolling Turn, Touch**

- 9 - 10 Step forward on ball of LEFT foot, lifting Right foot slightly off of floor;  
Rock back onto ball of RIGHT foot, lifting Left foot slightly off of floor
- 11 - 12 Step back on ball of LEFT foot, lifting Right foot slightly off of floor;  
Rock forward onto ball of RIGHT foot, lifting Left foot slightly off of floor
- 13 - 14 Step to the left on LEFT foot and begin a full CCW rolling turn traveling to the left;  
Step on RIGHT foot and continue full CCW rolling turn
- 15 - 16 Step on LEFT foot and complete full CCW rolling turn; Touch RIGHT foot next to Left

### **Diagonal Shuffle, Toe Touches, Side Shuffle, Rock Step**

- 17 & 18 Shuffle forward and diagonally to the right (RIGHT, LEFT, RIGHT)
- 19 - 20 Touch LEFT toe to the left; Touch LEFT toe next to Right
- 21 & 22 Side shuffle to the left (LEFT, RIGHT, LEFT)
- 23 - 24 Step back on RIGHT foot; Rock forward onto LEFT foot

### **CCW Military Pivot, Double Kick, Stationary Mash Potatoes**

- 25 - 26 Step forward on RIGHT foot; Pivot 1/2 turn CCW on ball of Right foot and shift weight to LEFT
- 27 - 28 Kick RIGHT foot forward twice
- 9 - 30 Step back on ball of RIGHT foot, twisting Right knee to the right and Right heel to the left  
while lifting Left foot slightly off of floor; Step down onto ball of LEFT foot  
while lifting Right foot slightly off of floor, twisting Right knee and Right heel to center
- 31 - 32 Step down onto ball of RIGHT foot, twisting Right knee to the right and Right heel to the left  
while lifting Left foot slightly off of floor; Step down onto ball of LEFT foot while lifting Right foot  
slightly off of floor, twisting Right knee and Right heel to center