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- 1 Step to right side on right heel turning the body slightly to the right
2 Slide left foot to right heel using the right heel to "drag" the left foot
3 - 4 Step to the right side on right heel, step left foot beside right turning to face front
5 Step to the left side on left heel turning the body slightly to the left
6 Slide right foot to left heel using the left heel to "drag" the right foot
7 - 8 Step to left side on left heel, step right foot beside left turning to face front
1 - 2 Touch right heel to the front (knee bent, toes turned out), hold
3 - 4 Touch right toe beside left heel (knee bent, heel turned out), hold
5 Touch right heel to the front (knee bent, toes turned out)
6 Touch right toe beside left heel (knee bent, heel turned out)
7 Step slightly forward on ball of right foot (toes pointed 45 degrees right)
8 Step forward slightly on ball of left foot (toes pointed 45 degrees left) while swiveling right foot to face forward
1 Step slightly on ball of right foot (toes pointed 45 degrees right) while swiveling left foot to face forward
2 Step forward slightly on left foot while swiveling right foot to face forward
- /Note that the last 4 counts are a Charleston type move without the bounce**
- 3 & 4 Kick right foot to the front, step slightly backwards on ball of right foot, step forward on left foot
5 & 6 Repeat previous counts 3 & 4
7 - 8 Step forward on right foot, hold
1 - 2 Push/bump hips to the right twice
3 Transferring weight onto left foot push/bump hips to the left
4 Transferring weight onto right foot push/bump hips to the right
5 - 6 Transferring weight onto left foot push/bump hips to the left twice
7 Transferring weight onto right foot push/bump hips to the right
8 Transferring weight onto left foot push/bump hips to the left
1 Step to the right side on ball of right foot pushing right knee towards the left and pushing hips slightly to the left
2 Step left foot beside right
3 & 4 Shuffle to the right side right-left-right
5 Step to the left side on ball of left foot pushing left knee towards the right and pushing hips slightly to the right
6 Step right foot beside left
7 Repeat count 5
8 Touch right foot beside left
1 & 2 Shuffle backwards right-left-right
3 - 4 Kick left foot forward twice (small low kicks) while making very small backward hop/slide moves on the right foot
5 & 6 Shuffle backwards left-right-left
7 - 8 Kick right foot forward twice (small low kicks) while making very small backward hop/slide moves on left foot
1 - 2 Step backward on right foot, rock forward onto left foot
3 - 4 Step forward on right foot, rock backward onto left foot
5 - 6 Step backwards on right foot, rock forward onto left foot
7 & 8 Shuffle forward right-left-right
1 & 2 Shuffle forward left-right-left making 1/2 turn right (on 1st move of shuffle)
3 - 4 On balls of both feet hop/slide backward twice
5 - 6 Jump/slide feet apart (shoulder width), jump/slide feet together
7 Bending right knee raise right foot to back (approximately knee high)
8 Stomp right foot beside left keeping weight on left foot

REPEAT