

BASIC EAST COAST SWING PATTERN IN CLOSED POSITION

- 1 - 6 Basic east coast swing pattern in closed position (triple step on counts 1&2, triple step on counts 3&4, step back on free foot and rock forward onto free foot on counts 5-6)

FREE TURNS, ROCK STEP

- 1 - 6 Triple step in place on counts 1&2, ladies turn full turn right and gents turn full turn left on 3&4, rock step joining ladies' right hand in gents' left

1/4 TURN TO REVERSE LINE OF DANCE, TRIPLE STEP, ROCK STEP

- 1 - 6 Ladies 1/4 turn left and gents 1/4 turn right on counts 1&2, triple step moving slightly back on counts 3&4, rock step maintaining hand hold

TRIPLE STEP FORWARD, 1/2 TURN TO FORWARD LINE OF DANCE, ROCK STEP

- 1 - 6 Partners triple step in place on counts 1&2, dropping hands, ladies turn 1/2 turn right and gents turn 1/2 turn left on counts 3&4, join hands--ladies' left in gents' right and rock step

LADIES' WRAP, ROCK STEP

- 1 - 6 Maintaining hand hold, gents lead ladies into wrap by using a sweeping motion with his right arm to the left and away from his body, ladies execute a full turn left on counts 1&2 and 3&4, gents footwork on 1&2 and 3&4 is basic triple step, triple step, both rock step on counts 5-6 picking up ladies' right hand in gents' left in front of gents' belt buckle (ladies will now be in a wrap (cuddle) position to gents' right)

SHUFFLE FORWARD TWICE, STOMP, STOMP

- 1 - 6 Ladies shuffle forward right, left, right on counts 1&2, shuffle forward left, right, left on counts 3&4, stomp right, left on counts 5-6; gents shuffle forward left, right, left then right, left, right, stomp left, right (still in wrap position)

LADIES 3/4 TURN RIGHT (GENTS 1/4 TURN RIGHT), ROCK STEP

- 1 - 6 Dropping hands joined in front of gent, gents will lead ladies into a 3/4 turn right on counts 1&2 and 3&4 bringing his right hand over her head and down to face him; gents turn 1/4 turn right on counts 1&2 during their triple step, triple step in place on counts 3&4, and both rock step on counts 5-6 and join hands to bring ladies back into closed position to start the dance again

REPEAT