

Rock Mix

48 Count, 4 Wall, Beginner

Choreographer: Connie Nielsen (DK) April.2012

Choreographed to: Rock Around The Clock by Bill Haley
& The Comets, Album: 50's Greatest Rock N'Roll

Intro: 32 Counts.

1 SIDE TOE STRUT, CROSSOVER TOE STRUT, BACK, TOGETHER, CROSS, HOLD

1-2 Step Right Toe to Right side. Drop Right Heel

3-4 Step Left Toe across Right, Drop Left Heel

5-6 Step Right back, Step Left together

7-8 Cross Right over Left. Hold

2 SIDE TOE STRUT, CROSSOVER TOE STRUT, BACK, TOGETHER, CROSS, HOLD

1-2 Step Left Toe to Left side, Drop Left Heel

3-4 Step Right Toe across Left, Drop Right Heel

5-6 Step Left back, Step Right together

7-8 Cross Left over Right. Hold

3 RUMBA BOX

1-2 Step Right to Right side. Step Left beside Right

3-4 Step forward on Right. Hold

5-6 Step Left to Left side. Step Right beside Left

7-8 Step back on Left. Hold

4 RUN BACK X 3, HOLD, SAILOR ¼ LEFT, HOLD

1-2-3-4 Run back Right, Left, Right. Hold

5-6-7-8 Cross Left behind Right, Turn ¼ Left stepping Right a small step to Right side. Step Left to Left. Hold

5 STEP, PADDLE TURN 1/8 LEFT X 2, JAZZ BOX

1-2 Step Right forward, Paddle 1/8 turn Left (weight on Left)

3-4 Step Right forward, Paddle 1/8 turn Left (weight on Left)

5-6 Cross Right in front of left, step back on Left

7-8 Step right to right side, step left beside right

6 STEP, PADDLE TURN 1/8 LEFT X 2, JAZZ BOX

1-2 Step Right forward, Paddle 1/8 turn Left (weight on Left)

3-4 Step Right forward, Paddle 1/8 turn Left (weight on Left)

5-6 Cross Right in front of left, step back on Left

7-8 Step right to right side, step left beside right