

Rise Up To The Sky

64 Count, 2 Wall, Intermediate

Choreographer: Ross Brown (UK) April 2014

Choreographed to: Rise Up by Freaky Fortune feat. Riskykidd.
CD Single (Length – 3:04 - 128 bpm); How I Feel by Flo Rida
(No Restarts)

Intro: 32 Counts (Approx. 15 Secs)

1 BACK. KICK, BALL. BACK, TOGETHER. WALK FORWARD. TOUCH TURNS ½ TURN L.

- 1 Step back with right.
2 & Kick left foot forward, step left foot next to right.
3 – 4 Step back with right, step left next to right.
5 – 6 Walk forward; right, left.
7 – 8 Make a ¼ turn left touching right to the right, make a ¼ turn left touching right to the right. (6:00)
(*R2*)

2 SAMBA STEP. CROSS, SIDE. SAILOR ¼ TURN L. HOLD, BALL, STEP.

- 1 & 2 Cross step right over left, step left to the left, step right next to left.
3 – 4 Cross step left over right, step right to the right.
5 & 6 Make a ¼ turn left stepping; left behind right, right next to left, forward with left.
7 & 8 Hold for Count 7, step right next to left, step forward with left. (3:00)

3 HITCH, TOUCH BACK. TWIST / DIP ¼ TURN R. HITCH, TOUCH LEFT. TWIST / DIP, RECOVER with FLICK.

- 1 – 2 Hitch right knee up, touch right toe back.
3 Make a ¼ turn right twisting body right and dipping down. (Weight ends on right)
4 – 5 Hitch left knee up to right, touch left to the left.
6 – 7 Twist body left and dip down, recover onto right and flick left to the left. (6 O'CLOCK)

4 JAZZ BOX. CROSS SHUFFLE. SYNCOPATED SIDE ROCKS; LEFT & RIGHT.

- 8–1–2 Cross step left over right, step back with right, step left to the left.
3 & 4 Cross step right over left, close left up to right, cross step right over left.
5 – 6 & Rock left to the left, recover onto right, step left next to right.
7 – 8 Rock right to the right, recover onto left. (6 O'CLOCK)
(*R1*)

5 BACK, DRAG. BALL, BACK, TOGETHER. SHUFFLE FORWARD. STEP, SPIRAL FULL TURN R.

- 1 – 2 Step back with right, drag left up to right.
& 3 – 4 Step left next to right, step back with right, step left next to right.
5 & 6 Step forward with right, close left up to right, step forward with right.
7 – 8 Step forward with left, make a full turn right hooking right leg across left shin. (6 O'CLOCK)

6 STEP, HOLD. BALL, STEP, HITCH ¼ TURN R. CROSS, BACK ¼ TURN L. SHUFFLE ½ TURN L.

- 1 – 2 Step forward with right, hold for Count 2.
& 3 – 4 Step left next to right, step forward with right, make a ¼ turn right hitching left knee up.
5 – 6 Cross step left over right, make a ¼ turn left stepping back with right.
7 & 8 Shuffle a ½ turn left stepping; left, right, left. (12 O'CLOCK)

7 SYNCOPATED JAZZ BOX. BEHIND, SIDE, CROSS. SIDE, HINGE ½ TURN L.

- 1 – 2 & Cross step right over left, step back with left, step right to the right.
3 – 4 Cross step left over right, step right to the right.
5 & 6 Cross step left behind right, step right to the right, cross step left over right.
7 – 8 Step right to the right, make a ½ turn left stepping left to the left. (6 O'CLOCK)

8 SYNCOPATED JAZZ BOX. BEHIND, SIDE, CROSS. HIP BUMPS.

- 1 – 6 Repeat Counts 1 – 2 &, 3 – 4 and 5 & 6 from the previous Section.
7 – 8 Step right to the right bumping right, bump left. (Weight ends on left) (6:00)

Restart 1: On Wall 2, Restart after 32 Counts (*R1*) facing Front Wall.

Restart 2: On Wall 6, Restart after 8 Counts (*R2*) facing Front Wall.