

FORWARD ROCK & ROLL BALL CHANGES

- 1 & 2 Rock forward left-right-left, bend left elbow with right hand to left elbow
3 & 4 Rock forward right-left-right, bend right elbow with left hand to right elbow
5 - 8 Sway forward walking left-right-left-right, rolling arms forward left-right-left-right like patty cake
9 & 10 Rock backward left-right-left, bend elbow with right hand to left elbow
11 & 12 Rock backward right-left-right, bend right elbow with left hand to right elbow
13 - 16 Sway back walking left-right-left-right, rolling arms back left-right-left-right like patty cake

SMOOTH LEFT MONTEREY TURNS

- 17 Point left toe and arm to left side
18 Push off and turn 1/2 to the left
19 Point right foot and arm to right side
20 Return to center
21 - 24 Repeat 17-20

CALYPSO WALK WITH 1/2 TURN LEFT

- 25 - 28 Walk forward left-right-left & turn 1/2 left, kicking right foot behind with head looking over right shoulder
29 - 32 Walk forward right-left-right & turn 1/2 left, kicking left foot behind with head looking over left shoulder

LIMBO SIDE STEP & TURN CHA-CHAS

- 33 Step left foot and arm to left side (palm up), right hand to midriff (palm in)
34 Step on right starting a full turn to right
35 & 36 On left-right-left, complete full turn to right
37 Step right foot and arm to right side, (palm up), left hand to midriff (palm in)
38 Step on left starting a full turn to the left
39 & 40 On right-left-right, complete full turn to left

V STEPS FORWARD & BACK & SWAYS

- 41 Step forward on left foot at 45 angle
42 Step forward on right foot at 45 angle
43 Step back left
44 Step back right
45 - 48 Sway hips left-right-left-right

LIMBO HOPS

- 49 - 52 Hop forward 4 times on both feet, bend upper body back with arms out to sides (palms up)
53 - 56 Walk back right-left-right-left with upper body still bent back & arms at side (palms up)

CONGO VINE & STOMP & CLAPS

- 57 Cross right foot over left
58 Step left foot to left side
59 Step right behind left
60 Step left foot to left side
61 Stomp right foot forward as you turn 1/4 turn to the left
62 - 64 Clap hands in front 3 times

ROCK 1/2 TURN LEFT & CHA-CHAS

- 65 Rock forward on left foot
66 Step back on right to begin 1/2 turn to the left
67 & 68 Complete 1/2 turn on left-right-left

CROSS STEPS 45 DEGREE LEFT

- 69 Cross right over left
& Step left foot to left
70 Cross right over left
& Step left foot to left
71 Cross right over left
& Step left foot to left

72 Cross right over left

ROCK 1/2 TURN LEFT & CHA-CHAS

73 Rock forward on left foot

74 Step back on right to begin 1/2 turn to the left

75 & 76 Complete 1/2 turn on left-right-left

CROSS STEPS 45 DEGREE LEFT

77 Cross right over left

& Step left foot to left

78 Cross right over left

& Step left foot to left

79 Cross right over left

& Step left foot to left

80 Cross right over left

REPEAT

/Dance begins 1/4 left of first wall. During the traveling cross steps, travel at a 45 degree angle to the left.

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